



AFFILIATED WITH THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM

August 2023  
Av/Elul 5783

# HAR ZION HERALD

## Temple Har Zion

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TempleHarZion

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## Worship Schedule: All are on Zoom

**In Person:** Friday Evening & Saturday Morning services, and Minyan on Monday, Wednesday & Thursday

Friday Evening 6:30 PM

Saturday Morning 10:00 AM

Monday–Friday Morning 8:00 AM

Sunday Morning 9:30 AM

## Streaming of Har Zion Services

Friday evening and Saturday morning Shabbat services are streamed on Har Zion Facebook and YouTube (no password), and Zoom; the Shohet Daily Minyan is streamed on Zoom only. Ask the office for the Zoom password if you need it. **All are welcome**, either in person or streaming.

## Candle Lighting Times

August 4	7:48 PM
August 11	7:39 PM
August 18	7:29 PM
August 25	7:19 PM

## Save the Date! (See also Elul on back cover!)

### Elul Programming!

Elul, the last month of the Jewish calendar, begins on August 18. The days of Elul lead up to the High Holy Days. (Erev Rosh Hashanah, the evening of the 1st of Tishrei, is September 15 this year.) Temple Har Zion has a number of programs for the end of this year 5783, including our celebrations on August 25 (below).

*A program list for Elul 2023/5783 is on the back cover.*

### Friday, August 25–8 Elul—is very special!

*It begins with...*

### Shabbat on the Lawn for Children from 1–7



Friday, August 25, 5 PM

Bring your little ones, meet parents and the preschool teachers, and join Ms. Claudine for A Shabbat on the Lawn. Afterwards, enjoy the Back to Shul BBQ (below) with your friends, new and old. Registration to the Back to Shul BBQ is included in your registration for Shabbat on the Lawn. <https://www.wsthz.org/event/TasteofShabbat23>

*And is followed by...*

### Back to Shul BBQ/Summer Party at Har Zion



Friday, August 25, 5:30 PM

Fall is a busy time for all of us. Celebrate Elul and start this year's back-to-school/work/usual activities off right by joining us at our Back-to-Shul BBQ, Summer Party, and Open House. Everyone, the whole family, children, adults, member—or not—is welcome to the BBQ, and, afterwards, at the Musical Shabbat!

Reservations are required for the BBQ (unless you are

already registered for Shabbat on the Lawn for kids 1-7): <https://www.wsthz.org/event/BBQ2023.html>

*And finally...*

### Friday Night is a Delight Musical Service:

## Friday Night is a Delight MUSICAL SHABBAT

Friday, August 25, 6:30 PM, after the community BBQ.

After the BBQ, please stay for our Friday Night is a Delight Musical Shabbat! Sing, dance, and pray: <https://youtu.be/d1Yy77qxv58>

### Temple Har Zion Golf Outing Returns



August 13, check-in begins at 12:30, tee times at 1 PM.

Dinner after at Giordanos in Westchester. Register for golfing and/or for dinner by August 6. Details/registration at: <https://www.wsthz.org/event/GolfOuting23.html>

### Saturday Morning Musical Shabbat



Saturday, August 12, Simcha Shabbat <https://www.wsthz.org/event/5783-musical-shabbat.html>

### Red Cross Blood Drive

Sunday, August 20, 9 AM–2 PM

Sign up at: <https://rcblood.org/3Y6MDRI> and select "By Distance."

### Bat Mitzvah



Elizabeth Berman

August 19

### Haftarot Readers

August 5

August 12

August 19

August 26

Eikev

Re'eh

Shoftim

Ki Teitzei

Aaron Burnstein

Alan Peres

Elizabeth Berman

Hai Solomon



LETTER FROM THE RABBI

## The Parliament of the World's Religions is Back in Chicago after 130 Years

"It was the ... first time that representatives of the world's religions came together in a spirit of mutual understanding and unity in diversity."

One hundred and thirty years ago, in 1893, the World's Fair (World's Columbian Exposition) was held in Chicago. We know the deep imprint that fair left on the city and its architecture. Even now, from the Field Museum, to the Art Institute, to the Joffrey Ballet's recent Nutcracker that had a world's fair theme, the city continues to celebrate the legacy of one of the greatest scientific gatherings and explorations of the modern era.

One of the events at the fair that had the most enduring impact on the emerging global modern vision was the first "Parliament of the World's Religions."

It was the birth of the interfaith movement and the first time that representatives of the world's religions came together in a spirit of mutual understanding and unity in diversity. For many in America, it was their first meeting with Eastern religions. There were representatives of Chinese religions, of Japanese Zen, Sri Lankan Buddhism, Jainism, as well as the Abrahamic religions, theosophy, and others.

As a student of world religions, this is an event that has a special place in my heart. Since my childhood I had heard of the parliament and of its defining moment, when Swami Vivekananda, representing Hinduism, opened his address by saying, "Brothers and Sisters of America" drawing thousands to their feet for a two-minute ovation. It is still part of my fondness for Chicago.

I have been involved in representing Judaism at the Home of Harmony, a center of study of the world's religions in Chicago, based on the vision of

the first parliament. One of the events that led me to the rabbinate was, as a volunteer, attending a global meeting of the world's foremost religious leaders in Israel, organized by the Elijah Institute.

After a 130-year hiatus, it is a joy that the Parliament of the World's Religions will be back this summer, in Chicago—August 14–18.

The parliament's message of understanding and promoting peace, justice, and harmony is more relevant than ever. If the world's religions could see each other as complementary ancient sources of wisdom, rather than rivals competing for the hearts and souls of humankind, the world would be a very different place. In our days, religion still has much to teach us about the value of human life, the advantages of community, the benefits of a life well lived, and the transformative power of spirit.

The theme of this year's Parliament of the World's Religions is "Defending Freedom & Human Rights."

I urge you to visit the parliament at McCormick Place and discover the richness and the pressing messages that will be conveyed there. I will be manning the Jewish area at various times throughout the week. As Jewish Chicagoans, we should be proud of our religion's contribution to the great unfolding of humanity and that our city is the birthplace of the interfaith movement.

Sincerely,

*Rabbi Adir Glick*

RABBI ADIR GLICK; RABBI@WSTHZ.ORG  
THE SOLOMON FAMILY RABBINIC CHAIR

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Frank Vozak

### PARLIAMENT OF THE WORLD'S RELIGIONS:

<https://parliamentofreligions.org/>

And a bit on the 1893 parliament:

<https://pluralism.org/parliament-of-religions-1893>

And from the Art Institute:  
<https://www.artic.edu/1893-worlds-parliament-of-religions>







THE CANTOR'S VOICE

## The Borscht Belt Makes a Return

Now that we're in the middle of the summer, my thoughts wander to that magical place and time where hundreds of thousands of Jews used to spend their summers—in the Catskill mountains of upstate New York, also known as the Borscht Belt or the Jewish Alps. So named, because, in the first half of the 20th century, before air conditioning, New York Jewish families would escape the hot city summers in the Catskills. Summering in the Borscht Belt had faded by the 1960.

Borscht, the soup, originated in Ukraine and was popularized in North America by Yiddish-speaking Ashkenazi Jews, at about this same time. There are many types of borscht. The most well-known Jewish type of borscht is parve red beet borscht eaten cold with a dollop of sour cream. While growing up, my parents usually had borscht in the fridge, and while it's really pretty good, I never ate it. I'm pretty sure my kids don't even know what it is.

There is currently a renewed interest in the golden age of the Borscht Belt, helped in part by the popularity of the series *The Marvelous Mrs. Maisel* and the enduring film and stage musical *Dirty Dancing*.

The Borscht Belt's impact on show business is well known. Among the many Jews who started their careers there and subsequently steered American comedy and culture are Woody Allen, Milton Berle, Lenny Bruce, George Burns, Sid Caesar, Phyllis Diller, Danny Kaye, Jerry Lewis, Carl Reiner, Joan Rivers, and Allen Sherman, to name a few. Toward the end of Borscht Belt's heyday, Robert Klein and Jerry Seinfeld also had gigs there.

I learned from an article in *Tablet Magazine* entitled "Back to the Borscht Belt" (<https://www.tabletmag.com/sections/community/articles/back-to-borscht-belt-jewish-catskills-revival>) that there are a string of new projects commemorating the Jewish past and revival in the Catskills. In Ellenville, NY, there is a weekend long "Borscht Belt Fest" of comedy, music, and talks; the town is also home to the Borscht Belt Museum. A group of historians and

preservationists have formed the "Borscht Belt Historical Marker Project," whose mission is "to place markers that designate places important to the Borscht Belt's vibrant history and to celebrate its impact on American Jewish life, the legacy of the Catskills, New York State history, American culture and entertainment, and to teach the

ways in which the era's rich history is enduringly present and woven into the very fiber of the region."

Marisa Scheinfeld, founder and project director of the Borscht Belt Historical Marker Project, says: "I look at [the Catskills] like it's a smorgasbord. There is the Orthodox Jewish group going up there, creating their own Jewish vacation land, and you have people that go up there for the yoga and meditation retreats, some of which are at old hotels. And you have the Brooklyn hipsters, people going up for the breweries. I find that it's the same reasons why people have always gone."

I personally have a childhood memory of the Catskills from the early '60s, from a road trip I took with my grandmother and step-grandfather up to Monticello, New York, deep in the Borscht Belt, where my grandfather's brother operated an orthodox so-called "bungalow colony."

It is a truly a beautiful area, and I am happy that, with a new generation, the Catskill rejuvenation is taking place.

Enjoy the summer! *May The Borscht Be with You!*

CANTOR STEWART FIGA, CANTOR@WSTHZ.ORG  
THE GOLDSTINE FAMILY CANTORIAL CHAIR



PRESIDENT'S MESSAGE

## Thank You!

Dear Friends.

I hope you are all enjoying the summer months. We've had wonderful Musical Kabbalat Shabbat services that were well attended, with dancing and singing and an overall feeling of being connected to our fellow congregants and our entire Har Zion family. We have also celebrated births, anniversaries, and birthday.

The summer always seems to fly by. It's hard to believe that right around the corner are the High Holy Days. There is much going on at the temple including amazing programming a Back to the Shul BBQ, a Shofar Walk, and of course preparing for the fall and the High Holy Days.

Look for emails and at our website for our upcoming events.

Wishing you an enjoyable summer.

B'shalom,

JULIANN Y. GELDNER  
PRESIDENT@WSTHZ.ORG

"It is a truly a beautiful area, and I am happy that, with a new generation, the Catskill rejuvenation is taking place."







EARLY CHILDHOOD NEWS

It has been a  
wonderful summer!

And just like that—summer has flown by!

Over the past few weeks, we have welcomed many new and returning friends and, with those friends, we have explored different themes each week, including lots of special visits—from the firefighters, a magician, and a “trip” to the petting zoo.

The children enjoyed a rich summer program with *chugim* (enrichments)—such as cooking, science, and art—that related to the weekly themes.

The children also got to know our famous storyteller Saba Alan Peres, who has visited us every week and shared wonderful books with us. The children also enjoyed meeting Mr. Johnny from My Gym, who had the children participate in energizing fitness games and non-competitive gymnastics.

Our wonderful staff has been working hard to make sure that everyone in camp is having fun, making friends, and developing a fond connection

with learning and play. I am so proud of the campers, our staff, the community of parents and temple clergy, and office staff who have made this summer of Camp Zion a wonderful success.

Todah Rabah!

Claudine

CLAUDINE GURALNICK, CGURALNICK@WSTHZ.ORG  
THE GURALNICK FAMILY PRESCHOOL CHAIR

### SCHEDULES FOR EARLY CHILDHOOD EDUCATION CAMP ZION AND FALL CLASSES

Camp Zion information at: <https://bit.ly/THZCampZion>

**SESSION 3:** Three weeks, July 31 through August 18

**SESSION 4:** One week, August 21 through August 25

*Early Childhood Education preschool begins on Tuesday, September 5 (after Labor Day).*

ECE Fall Parents Orientation is 7 PM, August 30 (adults only)

### The Har Zion campers had fun this summer! (Mud week in particular!)







### Welcome to the Family!

Mazal Tov to the Shayani family on the birth of Ezra Shimon Shayani, June 29. Greeting Ezra are parents are Joseph and Ariella Shayani, big brother Judah, and proud grandparents Vafa and Liz Shayani.



FROM THE EDUCATION DIRECTOR'S DESK

## Eating our Way into the New Year

*Rosh Hashanah 101:* What do you think of when you think of Rosh Hashanah? Long services? The shofar? Apples and honey?

Apples and honey is the most common food associated with Rosh Hashanah, the Jewish new year. Why do we eat apples and honey? A simple answer is “for a sweet new year.” A more complex answer is “We dip the tart apple in the sweet honey because we have to take action in order to find the sweet in a not-so-sweet situation.”

While the “for a sweet new year” is common, the next step is to think “What does a sweet new year look like?” It’s helpful to think about that question, because if you don’t, you won’t know if you are having one. As Yogi Berra, the New York Yankees player, said, “If you don’t know where you are going you are likely to end up somewhere else.”

*Rosh Hashanah 201:* Apples and honey aren’t the only special food for Rosh Hashanah. We also make round challah for the holiday. This can be accomplished with fancy braiding, or by taking one long piece of dough and making it into a spiral.

Why the round challah for the new year? There are two reasons (at least). One is because the year is round, or really like a spiral. After a full year, we’re back to Rosh Hashanah, though we’re a bit further along in our lives. The other reason is that a round challah looks like a crown, and on Rosh Hashanah we think of G-d as the Sovereign of the universe.

*Rosh Hashanah 301:* Sephardic Jews, Jews whose families originally lived in Spain until they were expelled in 1492, have another Rosh Hashanah food custom, the Rosh Hashanah seder. This custom

takes “Apples and honey for a sweet new year” to a whole new level. There are a number of foods, and each one has a pun (often in Hebrew) associated with it. Take dates. The Hebrew word for “date” is “tamar,” and one way to say “end” is “yitamu.” So, we eat dates so there will be an end to hatred.

Pumpkin is even more complex. The Hebrew word for pumpkin is “kra.” If you spell “kra” a second way, it means “call out,” and if you spell “kra” a third way, it means “tear up.” So, we eat pumpkin (pie) in order that our good deeds are called out before G-d, while the unfortunate things in store for us this coming year are hopefully torn up.

As you prepare for the new year, I encourage you to think about symbolic foods that you can add to your Rosh Hashanah meals. For breakfast this Rosh Hashanah I intend to have Life cereal, so that I may have a good life this year. Here are some to get you thinking, but you will find it more meaningful to come up with some yourself:

<https://bit.ly/DSSimanim>

Wishing you a year of health and happiness,  
David

*David Schwartz*

DAVID SCHWARTZ; DSCHWARTZ@WSTHZ.ORG  
WWW.WSTHZ.ORG/EDUCATION/RELIGIOUS-SCHOOL

## SOCIAL ACTION & ADAMAH/GREEN COMMITTEE

### Gardening For The Environment: Watch for the Fall Date!

Come learn how to introduce native plants into your landscape. Adrian Fischer from West Cook Wild Ones will share how to pick locally native plants and why these are better for healing the soil and air. Combine with annuals or other perennials if you like, but do add local natives. They know how to live here and do well with less water. And they’ll attract birds, butterflies, and bees, and will come back, better than ever, in years to come. Date/time to be announced.

### Calling All Gardeners!

We can always use harvesters, and harvesting season is fast approaching. We have already harvested much kale, our first cabbages, and herbs. And do we have tomatoes! (Just starting to ripen!) Our harvest goes to Beyond Hunger to feed those in need. Donate an hour a week in fresh air to create life and sustenance for others. Contact Phyllis.

### Our Plastic Collection

Continue bringing in your soft plastic! This is Har Zion’s 3rd challenge, and our local community’s 7th collection! We are halfway there, and only in our 3rd month! This is great!

Rule of thumb is only plastic that tears in a jagged edge. Generally, that means no crunchy plastic. Please remove/cut off any paper labels. Newspaper sleeves, bubble wrap, sandwich bags,

### OUR GARDEN’S FIRST CHERRY TOMATOES



## HAPPY ANNIVERSARY!

### AUGUST 1:

Ruby and Wally Hilker

### AUGUST 3:

Edward and Linda Schmitt  
Robert and Joyce Silverman

### AUGUST 4:

Steven and Betsy Blumenthal  
Jean and Barry Schub

### AUGUST 5:

Alan and Shirley Levin

### AUGUST 8:

Jack and Anita Friedman

### AUGUST 10:

Ted and Myra Lawrence  
Susan and Tim Schiff

### AUGUST 14:

Charles and Zoe Shapera

### AUGUST 16:

Tracy Patton and Richard Johnson

### AUGUST 17:

Paul and Judith Wolfman

### AUGUST 19:

Robert and Rachel Grossman

### AUGUST 21:

Ronald and Renee Kaine  
Deb and Benjamin Soriano

### AUGUST 23:

Edward and Bonnie Koven

### AUGUST 24:

Barry and Linda Newman

### AUGUST 25:

Lance and Janet Bolonik

### AUGUST 26:

John and Jill Dempsey

### AUGUST 27:

Ira Harth and Laura Kahan

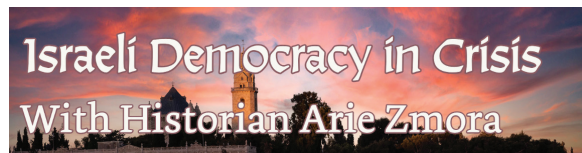
### AUGUST 30:

Jeffrey and Becky Levine

case overwrap are fine as are the usual grocery bags. Bags must be clean and dry.

For more information on any of these programs, call or email Phyllis at [phyllis.rubin@comcast.net](mailto:phyllis.rubin@comcast.net), 708.848.6168.

## HAR ZION ADULT EDUCATION: JEWISH JOURNEYS



11 AM Sundays

Israeli-born historian continues his insightful discussion of the crises that have occurred in Israel's democracy throughout its history, including the current crisis. A must for anyone who cares about Israel.

For more information or to register, go to: <https://www.wsthz.org/event/ZmoraSummer23>

## Judaism's Founding Fathers with Rabbi Glick



Thursdays at 10 AM, in person and Zoom ID# 990 415 095, with the Har Zion password.

Some of the founding fathers of Rabbinic Judaism were political leaders who were forming the first Jewish communities after the destruction of the 2nd Temple and coalescing their authority, while negotiating with the Romans.

Others were intellectual forces who were laying the foundation for a Judaism based on scholarship, debate, and home and synagogue bound mitzvot.

Still others were the spiritual giants who made miracles, breathed life into the new Judaism and kept it connected to God.

For more information or to register to be on our Jewish Journeys' mailing list: <https://www.wsthz.org/event/FoundingFathers23>

## Monday Evening with David Schwartz



Mondays, 8 PM, Zoom ID# 9245 552 6669; use the Har Zion password. Current topics include a rotation of Pirkei Avot, holidays, and prayers. <https://www.wsthz.org/event/DSMonday.html>

Contact the office for our online program password.

## Guided Jewish Meditation



Sundays, 9 AM, Zoom ID# 489 884 312; use the Har Zion password; might soon be in person also. For more: <https://bit.ly/RAGMeditation>

## HAR ZION PROGRAMMING/SERVICE NEWS

### Shul Babies & Bubbes & Zaydes

The Shul Babies & Bubbes & Zaydes program pairs temple seniors with younger families with children who are without relatives living nearby. The program works to foster relationships between the younger and older members of our congregation, and will help to build our community in the process.

In addition to providing companionship and the opportunity to improve the lives of the participating seniors, this intergenerational program can also help fill the very real need of families without nearby relatives.

Participating seniors and the parents of the children are asked to complete a short interest survey which will be used to pair them up. In addition to getting together outside the temple, all participants will be invited to the temple's multigenerational programs.

We are also looking for two or three temple members who are willing to co-chair the program for the first year or two.

If you would be interested in leading or participating in this exciting new program, or would like to share your thoughts on how we can best implement it, please contact our VP of programming, Barb Yong, at [barbaralyong@gmail.com](mailto:barbaralyong@gmail.com) or call her at 708.482.3123.

For more information or to sign up—baby, Bubbe, or Zayde—go to:

<https://www.wsthz.org/community.html>

### WSUSY (United Synagogue Youth)

We are hoping to restart the Har Zion chapter of United Synagogue Youth, USY, WSUSY. We are currently searching for one or two people to serve as Youth Advisors for our the chapter. This is a paid, part-time position. Contact David Schwartz at [dschwartz@wsthz.org](mailto:dschwartz@wsthz.org) if you are interested or if you know of someone who might be.

And, while USY used to be limited to high school kids, it has been expanded to include younger school-age children. The members of USY will not only be invited to participate in monthly activities with other temple kids, but can attend events throughout the CHUSY (Chicagoland) region. There are opportunities for the older kids to



take on leadership roles within the chapter. We are also hoping the parents of our USYers will occasionally act as drivers and chaperones.

Keep a look out for the WSUSY activities starting this fall!

## Community Commitments

### Food for District 15 Migrants

Har Zion, Oak Park Temple, and the Secular Jewish Community and School are partnering to support the District 15 Response Team, caring for the up to 40+ migrants living at the District 15 Police Station in Chicago.

There is an urgent need for meals that are currently being donated by individuals, restaurants, organizations and other faith communities. Our three Jewish communities provide breakfasts on Wednesday mornings at 8 AM. Har Zion provided breakfast on July 19 and Oak Park Temple coordinated breakfast on July 26. After August 2, it is Har Zion's turn again on Wednesday, August 30. Sign up at: <https://bit.ly/D25Food> if you would like to help out.

We need fruit and lots of additional items for August 30. Please contact John Dempsey at [harzionsponsorship@gmail.com](mailto:harzionsponsorship@gmail.com) if you have questions. You can also donate money to this local food effort at: <https://bit.ly/D25GFM> or you can donate though Har Zion to fund our efforts.

There is also a need for storage of supplies the migrants need, like clothes, suitcases, toiletries. If you know of a site that can offer substantial storage, let John know.

Rabbi Glick on this problem: <https://youtu.be/nwn3LClq97k>

### Syrian Refugees

Har Zion's co-sponsorship of a Syrian refugee family has been progressing well. The family is settled in their apartment in Rogers Park and is adjusting to life in Chicago. Andrea Sidorow and John Dempsey have been visiting the family each week to help them adjust and to deliver the additional household items donated by the Har Zion family. Thank you to everyone who has

contributed items to setting up their apartment (many of you have stepped up!

We have raised over \$8,000 toward our \$10,000 goal. To those of you who have contributed—thank you! It is not too late to make a contribution at: <https://bit.ly/THZSyrian23>

If you have questions or would like to help, please contact John Dempsey at 312.925.8127 or [harzionsponsorship@gmail.com](mailto:harzionsponsorship@gmail.com).

## JCFS CORNER



### The 12 Steps of the Days of Awe

#### Jewish Community Programs

<https://www.jcfs.org/blog/12-steps-days-awe>

By Rabbi Joe Ozarowski, Rabbinic Counselor and Chaplain at JCFS Chicago, D. Min., BCC

People actively working a Recovery Program already know the worth and power of the well-known 12 Steps. But I have always believed that everyone should work a program—there is so much wisdom within these sensible steps that can help all people struggling with challenges.

At JCFS Chicago addiction services, we try to connect the spirituality and practices of Judaism to the Steps and addiction-recovery year round. The Jewish Days of Awe, often known as the “High Holidays,” offer us the chance to reflect and integrate the Steps with the larger spiritual messages embedded in these special days.

#### Here are some distinct thematic connections between the 12 Steps and this sacred season:

##### 1. We admitted we were powerless over addiction—that our lives had become unmanageable.

How many of us find times that our lives seem unmanageable? Probably most of us—the renewing themes of Rosh Hashana and the cleansing themes of Yom Kippur give us the chance to step back and see our lives in perspective before we begin to think of change.

##### 2. Came to believe that a Power greater than ourselves could restore us to sanity.

One of the major themes of Rosh Hashana is *malchuyut*, noting God's sovereignty above creation. It is a core topic of the liturgy as well as the music. In this world, we think things are about us, that we are in control. They are not and we are not. This lesson is not only true about addiction but about all of life.

##### 3. Made a decision to turn our will and our lives over to the care of God as we understood God.

*Tshuva*, the Hebrew term for repentance, actually means return. In this season we turn and return

## SHUL BABIES & BUBBES & ZAYDES

See the article to the left.



ourselves over to our Higher Power as we face the challenges and joys of a new year.

#### 4. Made a searching and fearless moral inventory of ourselves.

*Cheshbon hanefesh*, spiritual accounting, is a practice anyone can do and is often done at this time of year. One can do a “soul version” of an Excel spreadsheet, look at one’s spiritual profits and losses and use this to move forward to a healthier life.

#### 5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

*Vidui*, a confession of misdeeds, is an essential part of the Yom Kippur service. It is not enough to reflect on what has gone awry. We need to say it, to

articulate it, in order to move forward to a richer, better life.

#### 6. Were entirely ready to have God remove all these defects of character.

In Judaism, preparation is key. A good Rosh Hashana dinner or a good davening/service cannot happen without preparation. This step reminds us that we need to invoke our Higher Power as well as our own efforts as we move forward to greet the New Year and the next parts of our lives.

#### 7. Humbly asked God to remove our shortcomings.

The last line of the prayer *Avinu Malkein* notes that God is like a parent as well as a ruler/guide, and asks God to be gracious and answer us, even though we ourselves may not always bring much to the table. Once we have noted (Steps 1 and 2) that we cannot do this alone, we ask for help from our Higher Power in spite of our shortcomings... or maybe even because of them!

#### 8. Made a list of all persons we had harmed, and became willing to make amends to them all.

Saying we are sorry can be a tough process. Being willing to apologize can be even tougher. Determining where to direct our regrets could be the hardest task of all. But before we can make things right with God and our fellow human beings, we need to figure out whom we have wronged and be willing to do what is right.

#### 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

*Mitzvot bein adam l'chavero*, the commandments governing our relationships with others, are as much a part of the Days of Awe as *Mitzvot* between us and God. Rabbinic literature teaches how Yom Kippur, while obtaining God’s forgiveness for us, does not help if we have wronged someone else. We need to go to them and ask forgiveness, up to three times.

#### 10. Continued to take personal inventory, and when we were wrong, promptly admitted it.

*Tshuva*, turning and returning, is not only a one shot action focused on the Fall Jewish Holidays, but a constant process in which we can be engaged all year. These sacred days may give us the jump start, but *Cheshbon hanefesh* and amends continue throughout the year.

### KOSHER FOOD/SUPPLIES DRIVE

As her bat mitzvah project, Elizabeth Berman is sponsoring a food/supplies drive for The Ark. (The Ark is a human service agency serving and strengthening the Chicagoland Jewish community; <https://arkchicago.org/>) Elizabeth is collecting kosher food, household items, and personal supplies through August 21.

To contact Elizabeth Berman, write [mysilvahalo@gmail.com](mailto:mysilvahalo@gmail.com)



### Food Pantry Collection List

#### CANNED GOODS

- ☐ Gefilte Fish
- ☐ Green Giant Green Beans and Peas
- ☐ Goya Vegetarian Beans
- ☐ Manischewitz Soup
- ☐ Dole/Del Monte Peaches, Pineapple and Pears (regular and sugar free)

#### CONDIMENTS AND SIDES

- ☐ Canola Oil, Vegetable Oil and Olive Oil
- ☐ Crackers (12/14 oz. boxes)
- ☐ Honey
- ☐ Hunts or Red Gold Tomato Sauce (meat free)
- ☐ Jif/Skippy Peanut Butter
- ☐ Ketchup
- ☐ Mustard

#### GRAINS

- ☐ Cereal
- ☐ Couscous
- ☐ Quinoa
- ☐ Wacky Mac Mac & Cheese
- ☐ White Rice

#### HOUSEHOLD PRODUCTS

- ☐ Bath Tissue
- ☐ Disinfecting Wipes
- ☐ Facial Tissue
- ☐ Paper Towels
- ☐ Liquid Dish Soap (Dawn, Joy, etc.)
- ☐ Sunscreen

#### PERSONAL CARE PRODUCTS

- ☐ Antiperspirant
- ☐ Alcohol-Free Mouthwash
- ☐ Baby Wipes
- ☐ Children's Diapers sizes 4, 5, 6
- ☐ Tampons
- ☐ Feminine Pads
- ☐ Full-sized Shampoo and Conditioner
- ☐ Toothbrushes
- ☐ Toothpaste (full-sized tubes)

You can also donate items to Ark food pantries through our Amazon Wishlist. Visit [amzn.to/3MYuscY](https://amzn.to/3MYuscY) or scan the QR code.



The Ark's food pantry distributes kosher food, household essentials and personal care items. All food donations must be certified kosher and have six months before expiration.



773-973-1000 | [arkchicago.org](https://arkchicago.org)



**11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**

Prayer is a major theme of the Days of Awe, our encounter with God. We should not only be asking this year, "What do we want from God," but, "What does God want from us?"

**12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.**

When the last shofar blast is blown, we sing and dance "Next Year in Jerusalem." We do not only refer to earthly Jerusalem but also deep down to the Jerusalem within our souls and hearts. When we can do that, it's an awakening!

May your Fall Jewish holiday season be filled with sobriety, serenity, joy and love!

### **STAR: SUBURBAN THURSDAY AFTERNOON RETIREES**

Suburban Thursday Afternoon Retirees, better known as STAR, meets every Thursday from 1-3 PM, except on Jewish and national holidays.

This vibrant group includes attendees from Temple Har Zion and Oak Park Temple, as well as the broader community. Our August meetings will continue to be in person at Temple Har Zion, with the option to attend via Zoom.

A joint endeavor of both temples, STAR offers a place for candid discussions on a variety of topics as well as an opportunity to socialize and to support each other.

In August, STAR will meet on the 3rd, 10th, 17th, 24th and 31st:

**AUGUST 3RD:** Abby Schmelling will present on Waldheim Cemetery.

**AUGUST 10TH:** Our presenter is Joslyn Bowling Dixon, Executive Director of the Oak Park Public Library since November 2022.

**AUGUST 17TH AND 31ST:** A chance to schmooze and perhaps a surprise guest.

**AUGUST 24TH:** Ravi Parakkat will speak to us about Takeout 25, a platform he started in 2020 to bring the community together and help save local restaurants.

If you'd like more information about STAR, contact your Temple office. We at STAR feel like a small community learning and growing together. Please join us!

## **Pulpit Flowers**

### **August 4-5**

Steven and Betsy Blumenthal, in memory of Steven's father, Harold Blumenthal

Jeffrey and Allison Goldberg, in memory of Jeffrey's father, Milton Goldberg  
Edward Sachs and Judith Grobe Sachs, in memory of Judith's aunt, Dorothy Petrosky

Jerry Levine, in memory of Jerry's mother, Eve Levine

Jeffrey and Becky Levine, in memory of Jeffrey's grandmother, Eve Levine

Larry Stark and Mimi Alschuler, in memory of Larry's mother, Alice Stark

Steven and Carol Steinfeld, in memory of Carol's father, William Karp

### **August 11-12**

Steven and Betsy Blumenthal, in memory of Steven's grandmother, Rose Blumenthal

Scott Kane, in memory of Scott's father, Ben Kane

Jean and Barry Schub, in memory of Jean's father, Ben Kane

Leon and Amy Shohet, in memory of Leon's father, Allan S. Shohet

Frank Vozak and Terrie Rymer, in memory of Frank's mother, Margarita Vozak

### **August 18-19**

Vladimir Tsesis, in memory of Vladimir's father, Abraham Tsesis  
Simone Weiss, in memory of Simmy's father, David I. Goodwin

### **August 25-26**

David Benditzson, in memory of David's wife, Ruth Benditzson  
Howard and Norma Berlin, in memory of Howard's father, Irving Berlin

Shirley Braun, in memory of Sheldon's grandmother, Bessie Singer

Shirley Braun, in memory of Shirley's mother, Bessie Singer

Robert and Rosemary Goldstine, in memory of Robert's father, Leon B. Goldstine

David and Shirley Lieb, in memory of David's mother, Minnie (Mickey) Lieb

Barry and Linda Newman, in memory of Barry's mother, Adele Newman

Frank Vozak and Terrie Rymer, in memory of Frank's father, Frank H. Vozak

### **Not Previously Listed**

**June 9-10:** Paul Burnstein, in memory of Paul's father, Sam Burnstein

### **June 30-July 1:**

Howard Blum, in memory of Howard's mother, Matilda Blum  
Carol Flank, in memory of Harold Roberts

Mitchell and Joan Weiss, in memory of his father, George Weiss  
Hedy Zussman, in memory of Hedy's mother, Bertha Zussman

### **July 14-15:**

Howard and Norma Berlin, in memory of their daughter-in-law, Mary Ellen Ward Berlin

### **July 21-22:**

Eugene Stopeck, in memory of Eugene's mother, Gussie Stopeck

### **July 28-29:**

Howard and Norma Berlin, in memory of Norma's aunt, Florence Graffy



### **May 5-6:**

Paul Burnstein, in memory of Paul's mother, Naomi Burnstein

# August 2023 Av/Elul 5783



ZOOM IDS AND LINKS FOR HAR ZION SERVICES AND PROGRAMS		
PROGRAM	Zoom ID#	Zoom Link
Shohet Morning Minyan, M–F, 8 AM; Sun., 9:30 AM In person also Monday, Wednesday, & Thursday, <i>EXCEPT HOLIDAYS!</i>	ID# 799 405 500	<a href="https://zoom.us/j/799405500">https://zoom.us/j/799405500</a>
Friday Evening Kabbalat Shabbat Service, 6:30 PM	ID# 818 0357 8025	<a href="https://zoom.us/j/81803578025">https://zoom.us/j/81803578025</a>
Shabbat/Festival/Holiday Morning Services	ID# 242 651 284	<a href="https://zoom.us/j/242651284">https://zoom.us/j/242651284</a>
Miracle of Midrash w/ Rabbi Glick, Thurs., 10 AM	ID# 990 415 095	<a href="https://zoom.us/j/990415095">https://zoom.us/j/990415095</a>
Jewish Meditation w/ Rabbi Glick, Sun., 9 AM	ID# 489 884 312	<a href="https://zoom.us/j/990415095">https://zoom.us/j/990415095</a>
Jewniversity, w/ David Schwartz, Mon., 8 PM	ID# 9245 552 6669	<a href="https://zoom.us/j/92455526669">https://zoom.us/j/92455526669</a>

Sunday 30	Monday 31	Tuesday August 1	Wednesday August 2	Thursday August 3	Friday August 4	Saturday August 5
9 AM Meditation 9:30 AM Shohet Minyan (Zoom only)	8 AM Shohet Morning Minyan (in person and Zoom) 8 PM Jewniversity with David Schwartz; Zoom only <b>Camp Zion Session 3 Begins; 3 weeks</b>	8 AM Shohet Morning Minyan (Zoom only)	<b>Tu b'Av</b> 8 AM Shohet Morning Minyan (in person and Zoom)	8 AM Shohet Morning Minyan (in person and Zoom) 10 AM Thursday Learning w/ Rabbi Glick (Zoom only today) 1 PM STAR	8 AM Shohet Morning Minyan (Zoom only) 6:30 PM Kabbalat Shabbat; in person and Zoom  7:48 PM	Eikev Sidorow Aufruf 10 AM Service Haftarah Reader: Aaron Burnstein (in person /streaming) 8:50 PM Havdalah
6 9:30 AM Shohet Minyan (Zoom only) 11 AM Israeli Democracy in Crisis (In person and Zoom)	8 AM Shohet Morning Minyan (in person and Zoom) 8 PM Jewniversity with David Schwartz; Zoom only	8 AM Shohet Morning Minyan Zoom	9 8 AM Shohet Morning Minyan (in person and Zoom) 7 PM Board Meeting	10 8 AM Shohet Morning Minyan (in person and Zoom) 10 AM Thursday Learning w/ Rabbi Glick (in person and Zoom) 1 PM STAR	11 8 AM Shohet Morning Minyan (Zoom only) 6:30 PM Kabbalat Shabbat; in person and Zoom  7:39 PM	12 Shabbat Mevarchim Re'eh 10 AM Saturday Morning Musical Shabbat Service Haftarah Reader Alan Peres (in person /streaming) 8:41 PM Havdalah
13 9 AM Meditation 9:30 AM Shohet Minyan (Zoom only) 12:30 PM, 1 PM, 4 PM Golf Outing and dinner (In person only)	14 8 AM Shohet Morning Minyan (in person and Zoom) 8 PM Jewniversity with David Schwartz; Zoom only	15 8 AM Shohet Morning Minyan (Zoom only)	16 8 AM Shohet Morning Minyan (in person and Zoom)	17 <b>Rosh Hodesh Elul</b> 8 AM Shohet Morning Minyan (in person and Zoom) 10 AM Thursday Learning w/ Rabbi Glick (in person and Zoom) 1 PM STAR	18 <b>Rosh Hodesh Elul</b> 8 AM Shohet Morning Minyan (Zoom only) 6:30 PM Shabbat Unplugged with musician Aaron Burnstein; in person and Zoom  7:29 PM	19 Shoftim Elizabeth Berman Bat Mitzvah 10 AM Service Haftarah Reader: Elizabeth Berman (in person /streaming) 8:31 PM Havdalah
20 9 AM Meditation 9 AM–2 PM Red Cross Blood Drive 9:30 AM Shohet Minyan (Zoom only) 4 PM Israeli Summer Movie (in person only)	21 8 AM Shohet Morning Minyan (in person and Zoom) 8 PM Jewniversity with David Schwartz; Zoom only <b>Camp Zion Session 4 Begins; 1 week</b>	22 8 AM Shohet Morning Minyan (Zoom only)	23 8 AM Shohet Morning Minyan (in person and Zoom)	24 8 AM Shohet Morning Minyan (in person and Zoom) 10 AM Thursday Learning w/ Rabbi Glick (in person and Zoom) 1 PM STAR	25 8 AM Shohet Morning Minyan (Zoom only) 6:30 PM Kabbalat Shabbat; in person and Zoom 5 PM Shabbat on the Lawn 5:30 PM Back to Shul BBQ 6:30 PM Friday Night Musical Shabbat All are welcome!  7:19 PM	26 Ki Teitzei 10 AM Service Haftarah Reader: Hai Solomon (in person /streaming) 8:20 PM Havdalah
27 9 AM Meditation 10 AM Shohet Minyan Live in the Western Suburbs (and also on Zoom)— <i>Note Time!</i> Followed by brunch. 1 PM Schaumburg Bloomers baseball game	28 8 AM Shohet Morning Minyan (in person and Zoom) 8 PM Jewniversity with David Schwartz; Zoom only <b>Preschool closed</b>	29 8 AM Shohet Morning Minyan (Zoom only) <b>Preschool closed</b>	30 8 AM Shohet Morning Minyan (in person and Zoom) 7 PM ECE preschool orientation (Adults only) <b>Preschool closed</b>	31 8 AM 8 AM Shohet Morning Minyan (in person and Zoom) 10 AM Thursday Learning w/ Rabbi Glick (in person and Zoom) 1 PM STAR <b>Preschool closed</b>	September 1 8 AM Shohet Morning Minyan (Zoom only) 6:30 PM Kabbalat Shabbat; in person and Zoom <b>Preschool closed</b>  7:07 PM	September 2 Ki Tavo 10 AM Service Haftarah Reader: TBD (in person /streaming) 8:08 PM Havdalah





#### August 4

Seymour J. Adler  
Miriam Amitai  
Luis Blei  
Harold Blumenthal  
Miriam Bolotski  
Mark Braun  
Samuel Enrique Carniol  
Natalie Chabner  
Jacob Cohen  
Paul Engel  
Olga Feitler  
Sam Finkel  
Nathan Gethner  
Milton Goldberg  
Edward Gusfield  
Jacob K. Hanfling  
Julius Hershovitz  
Jacob Hirsh  
Jeanne Kantor  
William Karp  
Shirley P. Kass  
Dora Lakin  
Goldie Lamb  
Walter Landau  
Eve Levine  
Jeanette Lewis  
Cynthia Jo Lieb  
David Lifschultz  
Pearl Mottlowitz  
Claire Novak  
Irving Nuger  
Carl Orlin  
Dorothy Petrosky  
Joseph Schiller  
Lucee Schloff

Sol H. Siegel  
Harry P. Sinton  
Mitchel Sklar  
Abraham Stabiner  
Alice Stark  
Harry Steckman  
Esther Bailey Turner  
Libby Tuven  
Ruth Lieberman Wolff

#### August 11

Frank Alschuler  
Rose Blumenthal  
Jennie Braun  
Lawrence Crowley  
Ruth Einhorn  
Sara Zelda Eisen  
Sonia Elkins  
Josefina Engel  
Martin Feibusch  
Pearl Fish  
Milo Flower  
Gussie Frack  
Ceil Poncher Freeman  
Sylvia Friedman  
Nancy Gettes  
Betty Gold  
Benjamin Goldstein  
Rose Goren  
Mary J. Harris  
Maurice Izenstark  
Judith Jasculca  
Ben Kane  
Martin Kitz  
Simon Leiderman  
Beatrice Levine  
Betty Nathanson  
Isaac Offner  
Roger William Poborsky  
Ernest Roth  
Rachael Russman  
Rebecca M. Sadove  
Audrey Shanoff  
Allan S. Shohet  
Mitchell Silverstein

Sonia Stein  
Isaac Tuven  
Margarita Vozak  
Jean Wagner  
Charles Wandel  
Esther Wandel  
Stephen A. Wayne  
Marjorie Gottlieb  
Weinberg  
Helen Wilks  
Fannie Winetzky

#### August 18

Zoila Ardon  
Harry Barnard  
Jack Boxer  
David Bramson  
Rosa Caruceru  
Barbara Drizin  
Shirley Eulenberg  
Laib Fogelson  
Albert Gitlitz  
Adrienne Golinkin  
David I. Goodwin  
Dorothy Gottlieb  
Barney Horwich  
Dora Bella Jacobson  
Lucille Jaffe  
Henry Kaleko  
Philip Klutznick  
Nathan Krasnow  
Herbert Lakin  
Julius Lakin  
Charles Levin  
Henry Maduff  
Goldie Manson  
Hyman Mars  
Jack Mendelsohn  
Rose Miller  
Mollie Newman  
Etta Leah Pinsky  
Morris Louis Racine  
Sarah Y. Salberg  
Donna Rochelle Salnitsky  
Art Savin

Esther Schaffner  
Abraham Schwartz  
Alex Silverman  
Ida Grant Simon  
Henry Spiegelgass  
Abraham Tsesis  
Leonard M. White  
Belle Zemansky

#### August 25

Maurice Alpert  
Ruth Benditzson  
Irving Berlin  
Margaret Besser  
Mollie L. Channon  
Jacob Chomsky  
Bernice Dale  
Max Feitler  
Fannie Glatler  
Leon B. Goldstine  
Joseph Robert Gordon  
Samuel Gwartzman  
Sarah Harwitt  
Mabel Horwich  
Leah Karch  
Mlidred Klitenick  
Margaret Krasnow  
Minnie (Mickey) Lieb  
Benjamin Miller  
Adele Newman  
Ethel Fine Plen  
Abraham Rosin  
Leo Roth  
Gertrude Rukin  
Burton Schaffner  
Aaron Schultz  
Hyman Schwarzbach  
Lena Siegel  
Bessie Singer  
Barney Sirota  
Ethel Steinfeld  
Joseph Tabachnik  
Frank H. Vozak

# Todah Rabah

Commemorate special life events—a birthday or anniversary; birth of a child, grandchild, great grandchild; graduation; retirement; and so on—with a contribution to Temple Har Zion. Such a gift is a meaningful way to honor any simcha. Donations can be directed to any of these funds. Your generosity will help our congregation maintain its fine programs, and will also affirm the importance of Judaism and Jewish ideals in your family's life.



## Simcha Tree

Honor your family simcha with a donation to the Har Zion Simcha Tree. Your gift of a leaf will create a lasting reminder of the occasion: wedding, birth, bar/bat mitzvah, a birthday, or a thank you for a job well done.

### ADULT EDUCATION FUND

#### ANNABEL, BERNARD AND OREN CARMİ

**ABRAHAM FUND:** Enabling children with financial need to receive a Jewish education

**BUILDING FUND:** Maintaining & improving the building

Jack and Anita Friedman, in honor of Hai and Carol Solomon for their generous and wonderful terrace

Robert and Rosemary Goldstine, in honor of and thanks to the Solomons for "The Solomon Terrace & Garden"

Jay Michaels, in memory of Marisol Guzman's brother, Fidel Ardon

Frank Vozak and Terrie Rymer in honor of Dr. Arie Zmora

Frank Vozak and Terrie Rymer wishing a speedy recovery to Howard Berlin

**CANTOR'S MUSIC FUND:** Provides musical programming

Jack and Anita Friedman, in honor of Cantor Figa, for his help with Caroline Slade's Bat Mitzvah

Michael and Renee Slade, in appreciation of the preparation and support for Caroline's Bat Mitzvah

### CHILDREN'S SHABBAT FUND

**FAY STOPECK SHABBAT MUSICAL FUND:** Supports Friday night musical services

Scott Frankel and Laurie Myers, in celebration of Vafa and Liz Shayani's grandson, Ezra Shayani

Vladimir Tsisis, in appreciation of Musical Shabbat

### EMERGENCY RELIEF FUND

#### FLOWER FUND

#### GIVING TUESDAY

**GROPPER WINDOW PROJECT FUND:** Supports the restoration of the Gropper Windows

**GROWTH & DEVELOPMENT FUND:** To support the long-term stability and viability of the congregation

#### GURALNICK PLAYLOT FUND

#### JANICE PATTERSON KALLAH SCHOLARSHIP

**FUND:** Supports Kallah expenses and helps families attend

Scott Frankel and Laurie Myers, in celebration of Vafa and Liz Shayani's grandson, Ezra Shayani

**JEWISH JOURNEYS FUND:** Supports learning and spiritual development in the community, including programs, ritual items, and Jewish learning stipend

Carol Flank, mazel tov to Voni and Patricia Glick on the birth of their daughters and to Sarah & David Gorodetski on their marriage  
Paul and Judith Wolfman, in honor of Gary & Barbara Belenke's 50th Wedding Anniversary

**KIDDUSH & BREAKFAST FUND:** Shabbat & festival Kiddushim, and weekday minyan breakfast

Morris and Beverly Applebaum in memory of in memory of Marisol Guzman's brother, Fidel Ardo

Morris and Beverly Applebaum in memory of Leticia Garcia  
Carol Flank

Carol Flank, mazel tov to Gary & Barbara Belenke on their 50th wedding anniversary  
Suzanne Fournier & Chris Martin in celebration of the aufruf of Ilana Sidorow and David Raudales

Suzanne Fournier & Chris Martin in memory of her mother, Jeanne Fournier  
Carol Koenig, in appreciation of Suzanne Fournier and her gracious mitzvot

Contact the office for our online program password.

Alan Peres and Rya Ben-Shir in memory of Marisol Guzman's brother, Fidel Ardon  
Vladimir Tsisis, in honor of Michael Bass for providing leadership during the rabbi and cantor's absences

**KOVEN RELIGIOUS SCHOOL FUND:** Provides equipment, programs & scholarships for the Koven Religious School

David Schwartz, in memory of Josh Grossman's mother, Barb Grossman

### LIBRARIES

**LIEB FAMILY SUKKAH FUND:** For the Lieb Family Sukkah

David and Shirley Lieb, in memory of Carole Katzovitz

**MALCOLM GETHNER USY SCHOLARSHIP FUND:** Funds for our youth to attend regional events

### MEMORIAL FUND

Philip Bauer, in memory of David Silver, Roy Sonderling, and parents, Benjamin & Ida Bauer

Doreen Berger, in memory of Doreen's husband, Wayne Luepker

Howard and Norma Berlin, in memory of Norma's aunt, Florence Graff

Paul Burnstein, in memory of Paul's mother, Naomi Burnstein

Paul and Fran Ellstein, in memory of Fran's father, Sacha Dell

Jack and Anita Friedman, in memory of Anita's mother, Estelle Hirsch

Lawrence and Ellen Gross, in memory of his brother, Harvey Gross

Henry and Sally Guralnick, in memory of her mother, Betty Blumenfeld

Ruby and Wally Hilker, in memory of Larry Katzovitz's mother, Carole Ann Katzovitz

Norma Kanter, in memory of Norma's father, David Goose

Carol Koenig, in memory of Fidel Ardon

Judith Nemerovski Flink and Grant Flink, in memory of Susan J. Spector



Barbara Schmitt, in memory of Barbara's mother, Ilse Schmitt  
 Edward and Linda Schmitt, in memory of Ed's mother, Ilse Schmitt  
 Jean and Barry Schub, in memory of Jean's grandmother, Mollie Kahanowitz  
 Hai and Carol Solomon, in memory of Hai's sister, Iran Molayem  
 Mitchell and Joan Weiss, in memory of his father, George Weiss  
 Arlene Wiener, in memory of her sister, Phyllis Harris  
 Paul and Judith Wolfman, in memory of Larry Katzovitz's mother, Carole Ann Katzovitz  
 Paul and Judith Wolfman, in memory of Marisol Guzman's brother, Fidel Ardon  
 Hedy Zussman, in memory of Hedy's mother, Bertha Zussman

#### **PAUL WOLFMAN LAY LEADERSHIP**

**DEVELOPMENT FUND:** To support in the development of present and future leaders

#### **PRAYER BOOK FUND:**

Henry and Sally Guralnick, in celebration of the birth of Ezra Shimon Shayani  
 David and Bonnie Klass, in celebration of the birth of Ezra Shimon Shayani  
 Rachel and Christopher Niewoehner, in honor of the birth of Ezra Shimon Shayani  
 Vafa and Liz Shayani, in honor of the birth of Eliana and Dorian Glick  
 Vafa and Liz Shayani, in honor of the marriage of Sarah Newman and David Gorodetski  
 Vafa and Liz Shayani, in memory of Marisol Guzman's brother, Fidel Ardon  
 Hai and Carol Solomon, in honor of the birth of Ezra Shimon Shayani

#### **PRESCHOOL FUND**

Morris and Beverly Applebaum, in celebration of the birth of Vafa & Liz Shayani's 2nd grandchild, Ezra Shayani  
 Herbert Golinkin, in honor of the birth of Eliana and Dorian Glick  
 Herbert Golinkin, in honor of the birth of Ezra Shimon Shayani  
 Michael and Marian Newman, with appreciation to the dedication and caring teachers and staff and to overcoming many challenges during these covid years.

#### **RABBI ROBIN DAMSKY ADAMAH FUND**

**RABBI VICTOR A MIRELMAN EDUCATION FUND:** Supports early education, religious school, & adult education

Carol Flank, in memory of Fidel Ardon, brother of Marisol Guzman

Vladimir Tsesis, in honor of Rabbi Victor A. Mirelman for his continuous efforts to provide religious education during morning minyan

#### **RABBI VICTOR A MIRELMAN FUND**

**RABBI'S DISCRETIONARY FUND:** Supports a variety of charities and special activities at the rabbi's discretion

Marc & Claudia Freed, in celebration of the birth of Rabbi Glick's twin nieces, Eliana & Dorian Glick  
 Marc & Claudia Freed, in celebration of wedding of Sarah Newman and David Gorodetski  
 Jack and Anita Friedman, in honor of Rabbi Glick, for his help with Caroline Slade's Bat Mitzvah  
 Herbert Golinkin, in memory of his grandmother, Esther Golinkin  
 Herbert Golinkin, in memory of his uncle, Samuel Moss  
 Leonard Grossman and Cindy Barnard, in honor of Mike Bass' special birthday!  
 Dale and Claudine Guralnick, in memory of Fidel Ardon  
 Cynthia Klein-Banai and Efraim Banai, in celebration of the 30th Anniversary of Marc Stopeck and Janel Dennen  
 Marshall Kupchan, in honor of the birth of Ezra Shimon Shayani— mazal tov!  
 Marlene and Jennifer Mann, in celebration of the birth of Eliana and Dorian Glick  
 Michael and Renee Slade, in appreciation of the preparation and support for Caroline's Bat Mitzvah  
 Hai and Carol Solomon, in celebration of the marriage of Sarah Newman and David Gorodetski  
 Hai and Carol Solomon, in honor of the birth of Eliana and Dorian Glick  
 Steven and Carol Steinfeld, in celebration of the birth of Ezra Shimon Shayani

#### **SEFER HAFTARAH FUND**

#### **SENIOR ACTIVITY FUND**

#### **SOCIAL ACTION FUND**

#### **TEMPLE FUND**

Morris and Beverly Applebaum, in appreciation of Dr. Arie Zmora's Israeli Democracy class  
 Karen Barron, in honor of Gary and Barb Belenke's 50th Anniversary  
 Howard and Norma Berlin, in celebration of Gary and Barbara Belenke's 50th Wedding Anniversary  
 Howard and Norma Berlin, in honor of the birth of Eliana and Dorian Glick

Howard and Norma Berlin, in honor of the marriage of Sarah Newman and David Gorodetski  
 Suzanne Fournier & Chris Martin, in memory of Fidel Ardon, brother of Marisol Guzman  
 Marc & Claudia Freed, mazal tov to Ilana Sidorow and David Raudales, in celebration of their aufruf  
 Jack and Anita Friedman, in honor of Cantor Figa, for his help with Caroline Slade's Bat Mitzvah  
 Jack and Anita Friedman, in honor of Rabbi Glick, for his help with Caroline Slade's Bat Mitzvah  
 Carol Koenig, in celebration of Gary & Barbara Belenke's 50th Anniversary  
 Carol Koenig, mazal tov to grandparents Vafa and Liz Shayani, and parents, Joseph and Ariella Shayani, on the birth of Ezra Shimon Shayani  
 Marlene and Jen Mann, in celebration of the marriage of Sarah Newman and David Gorodetski  
 Cynthia Miller, in honor of Gary and Barbara Belenke 50th Anniversary  
 Phyllis and Michael Mitzen, in celebration of Michael Bass' 75th Birthday  
 Richard Rothschild and Judith Crown, in celebration of the Glick's double simchas!  
 Edward Sachs and Judith Grobe Sachs, in memory of Carole Ann Katzovitz  
 Edward Sachs and Judith Grobe Sachs, in memory of Marisol Guzman's brother, Fidel Ardon  
 Edward and Linda Schmitt, in celebration of the birth of Ezra Shimon Shayani  
 Bradley Shorser and Ellen Einhorn, in celebration of the 50th wedding anniversary of Barbara and Gary Belenke  
 Michael and Renee Slade, in honor of Charles Shapera for Caroline's Bat Mitzvah  
 Michael and Renee Slade, in honor of the marriage of Sarah Newman and David Gorodetski  
 Michael and Renee Slade, in honor of Barbara and Gary Belenke's 50th anniversary  
 Michael and Renee Slade, in honor of the birth of Ezra Shimon Shayani  
 Michael and Renee Slade, in honor of the new Glick nieces, Eliana and Dorian Glick  
 Paul and Judith Wolfman, in celebration of the birth of Ezra Shayani

#### **TZEDAKAH PROJECTS**

#### **USY SCHOLARSHIP FUND**

**YONG FAMILY CAMP FUND:** Provides partial scholarships for members' children to attend Jewish camps

## Celebrating and Learning in Elul at Temple Har Zion

Elul, the last month of the Hebrew calendar, leads up to Rosh Hashanah and the High Holy Days. It's a special month, and it's special at Har Zion. Here is a sampling of the services, programs, and other events we have planned for Elul. Note, however, that Elul and the High Holy Days planning is continuing. The day and time of these events should be right, but details may change. Go to [www.wsthz.org/Elul5783](http://www.wsthz.org/Elul5783) for the most up-to-date information.

### FRIDAY, AUGUST 25, 8 ELUL

*The Festivities Start at...*

5 PM, **Shabbat on the Lawn** for children ages 1-7 with their special people. Includes the temple Back to Shul BBQ. Details and registration at: <https://bit.ly/TasteofShabbat23>

*Then...*

5:30 PM, **Har Zion's Back to Shul BBQ**. Meet old and new friends! Details and registration at: <https://www.wsthz.org/event/BBQ2023.html>

*And finally, stay for...*

6:30 PM, **Friday Night is a Delight Musical Shabbat Service**. Join us to sing, dance, and pray together! For all ages. Details at <https://www.wsthz.org/event/FridayMS23-24>



### SUNDAY, AUGUST 27, 10 ELUL

10:30 AM, **Minyan and Kiddush in the Western Suburbs**, followed by...

1 PM, **Schaumburg Bloomer Baseball**

Details at:

<https://www.wsthz.org/event/elul/WesternMinyan>



### SUNDAY, SEPTEMBER 3, 17 ELUL

3 PM, **Shofar Walk**. Join us again this year as we walk through the temple neighborhood, stopping at several parks to sound the Shofar. Details at: <https://www.wsthz.org/event/HHD-2023/Shofarpark>



### SATURDAY, SEPTEMBER 9, 23 ELUL

8 PM **Dessert**, 8:30 PM, **Musical Selichot Service**. Begin the Holy Season with special prayers and poems of forgiveness, on a personal and communal level. Details at: <https://www.wsthz.org/event/hhd5784/Selichot>



### SUNDAY, SEPTEMBER 10, 24 ELUL

10:30 AM, **High Holy Day Workshop**. With Rabbi Glick and Cantor Figa. We hope to hold this outside; details to come at: <https://www.wsthz.org/event/HHDWorkshop23>

*And also...*

10 AM, **Back to School Extravaganza**. Special programs for Early Childhood Education preschool and Koven Religious School students. Details to come at: <https://www.wsthz.org/event/HHDFamilyFun23>

