



# HAR ZION HERALD

## Temple Har Zion

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YouTube:

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TempleHarZion

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RABBI EMERITUS

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BOARD OF DIRECTORS

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**Worship Schedule: All are on Zoom In Person: Friday Evening & Saturday Morning services, and Shohet Minyan on Monday, Wednesday & Thursday)**

Friday Evening 6:30pm  
Saturday Morning 10:00am  
Monday–Friday Shohet Minyan 8:00am  
Sunday Minyan (except holidays) 9:30am

Streaming of Har Zion Services

Friday evening and Saturday morning Shabbat services are streamed on Har Zion Facebook and YouTube (no password), and Zoom; the Shohet Daily Minyan is streamed on Zoom only. Ask the office for the Zoom password if you need it. **All are welcome, either in person or streaming.**

**Candle Lighting Times**

October 6	6:07pm
October 7	7:05pm
October 13	5:55pm
October 20	5:44pm
October 27	5:34pm

## Holiday Season continues: <https://www.wsthz.org/hhd5784/sukkotl>

### Sukkot

Friday	Sept. 29	Musical Service & Salmon in Sukkah	6pm
Saturday	Sept. 30	Sukkot Service	10am
Sunday	Oct. 1	Sukkot Service	10am
Sunday	Oct. 1	Pre-K Sukkah Decorating Party	10:30am
Wednesday	Oct 4	Community Hot Dogs in the Hut	6pm

### Shemini Atzeret

Saturday	Oct. 7	Shemini Atzeret Service/Yizkor	10am
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### Simchat Torah

Saturday	Oct. 7	Activities for Kids & Community Meal	6pm
		Service & Maxwell Street Klezmer	6:30pm
Sunday	Oct. 8	Simchat Torah Service	10am

## Save the Date! (in addition to above)

### Special Shabbat Services

**FRIDAY EVENING, OCT. 13:** Lay-led Family-style Service. 6pm: Nosh; 6:30pm: Service on the terrace, 7pm: Kiddush and meal. Anyone interested is welcome. Register at: <https://www.wsthz.org/event/layled/oct23> (Usual service also held.)

**FRIDAY EVENING, OCT. 20:** Musical Shabbat, 6:30pm

**SATURDAY MORNING, OCT. 21:** Junior Congregation, 10:30am; Tot Shabbat with Dara Camaron, JUF Young Families, 11am

**FRIDAY EVENING, OCT. 27:** Taste of Shabbat for Children from 1-7: 5:30pm with Ms. Claudine (Guralnick): Age-appropriate brief service, followed by a light Shabbat meal. Register at: <https://www.wsthz.org/event/TasteofShabbat23>

**SATURDAY MORNING, OCT. 28:** Musical Shabbat, 10am

### Music, Literature, and Learning

**BOOK OF JOB:** Saturdays, Oct. 7, 14, 21, & 28, After kiddush about 1:15pm, with Rabbi Yosef Levanon; in person only.

**NEW BUDAPEST ORPHEUM SOCIETY CONCERT:** Wednesday, Oct. 11, 7:30pm. Cantor Figa's group will feature Jewish cabaret songs destined for their new album. <https://www.wsthz.org/event/new-budapest-orpheum-society.html>

[org/event/new-budapest-orpheum-society.html](https://www.wsthz.org/event/new-budapest-orpheum-society.html)

**THE INTERACTIVE JEWISH BOOK OF WHY:** Sunday, Oct. 15, 9:45am, with a discussion of Shabbat.

<https://www.wsthz.org/event/BookofWhy5784>

**WORDS OF LIGHT, A JEWISH POETRY PANEL:** Sunday, Oct. 15, 1pm; with poets Dina Elenbogen, Hila Ratzabi (HZ member), and Jamie Wendt. More information on this terrific program at: <https://www.wsthz.org/event/poetry-panel.html>

**MEN'S CLUB BOOK GROUP:** Date TBD. Men's Club Book: *Save the Deli: In Search of Perfect Pastrami, Crusty Rye, and the Heart of Jewish Delicatessen*, by David Sax; with a deli meal!

**BOOK REVIEW WITH RONALD BALSON:** Sunday, Oct. 22, 1pm. Come hear international best selling author Ronald Balson unveil his latest book *An Affair of Spies*.

**FAMILY SCHOOL:** Sunday, Oct. 29, Family School. Details will be at: <https://www.wsthz.org/event/family-school.html>

### Fun!

**ISRAEL MOVIE:** Sunday, Oct. 15, 4pm

**BOWLING!** Saturday, Oct. 28, 7pm

## Haftarot Readers

October 7	8th Day of Sukkot–Shemini Atzeret
October 8	Simchat Torah
October 14	Bereshit
October 21	Noach
October 28	Lech Lecha

Gadi Levi  
Barb Yong  
Phil Fertik  
Robert Chapman  
Bob Silverman



LETTER FROM THE RABBI

# A New Website, A New Virtual Address

**D**ear Friends,  
Temple Har Zion will soon have a new website!  
We have seen the need to redesign our website since the Covid-19 pandemic began, as virtual services, events, and lectures, and digital information have become more important to everything we do as a synagogue.

After exploring different avenues to redesign the website, we met with one of our own synagogue members, Jim Bernard, an experienced designer in brand communications.

Jim helped us realize what we already knew in the back of our minds—that our current website doesn't reflect Temple Har Zion's rich and vibrant community, culture, and spirit.

Jim helped us find a new concept for the website that served as a catalyst to move forward on a redesign.

It has been a two-year process since then, as we discovered just how extensive and comprehensive this type of project becomes when pulling together all the different ideas—from those concerning visual presentation, to function, to content, and then to pictures. It had us digging deep into the vaults of our needs and interests for the synagogue. We wanted to make sure we presented a new digital home for our members and community that felt welcoming, informative, and engaging.

Accomplished with the help from our project manager, Nancy Morris of N2 Studios (<http://www.n2studios.net/>), and the Informatics web development team (<https://www.informaticsync.com/>), we believe that you will find our website to be a unique presentation of Temple Har Zion, enriched with the images of the Gropper windows as our visual theme. We hope it will be a foundation for online growth, as we continue to build our site as a place where members and non-members alike can find information on Temple Har Zion's services, activities, education, volunteer opportunities, community, and more.

As with many things in life, it is hard to tackle big projects alone and that was certainly the case with this project. With a small staff, we rely on the support of others to help us continue to improve and grow our efforts at Temple Har Zion. Our new website would not have been possible without the support, dedication, and labor of many people in our synagogue community and partners, over several years.

Thank you to the following participants who worked to ensure the website conveys the unique spirit of our beautiful community:

- Jim Bernard
- Juli Geldner & the Board of Directors
- Charles Shapera
- Barbara L. Yong
- Claudine Guralnick
- Stewart Figa
- Sheila Essig
- Jeremy Broekman
- Michael Zmora
- Richard Rothschild
- Jay Michaels
- Sarah Ruman
- Judith Crown
- Jeff Kirshman
- David Schwartz
- Judith Grobe Sachs
- Len Grossman
- Laura Brookes
- David Lieb
- Marc Stopeck
- Michael Weinstein
- Andy Kirschner

As we enhance all our marketing efforts connected to the website, we are deeply grateful to the Niewoehner, Yong, and Sidorow families for their donations supporting our project.

We hope that you enjoy our new website and digital home when we launch at the end of the month!

Mazal tov and thank you to everyone!  
Rabbi Adir Glick

RABBI ADIR GLICK;  
RABBI@WSTHZ.ORG  
THE SOLOMON FAMILY RABBINIC CHAIR

"It has been a two-year process ... as we discovered just how extensive and comprehensive this type of project becomes ..."

- Har Zion Board**
- Elizabeth Berman
  - Art Feierberg
  - Suzanne Fournier
  - Joey Gartner
  - Jon Henry
  - Jennifer Levitt
  - Jayne Mendius
  - Sarah Ruman
  - Vafa Shayani (Board of Governors)
  - Carol Solomon
  - Frank Vozak



“...as Jews we don’t pray alone, we do not atone by ourselves, but we come together, generation to generation, *l’dor v’dor.*”



PRESIDENT'S MESSAGE

## What Har Zion Means to Me

*As has become traditional for the issue immediately after Yom Kippur, here is Juli's President's Yom Kippur Appeal speech.*

As I was preparing to write my Yom Kippur appeal, my thoughts led me to think about what Har Zion means to me. I grew up here listening to presidents give this speech over and over again and all I could remember were long lists of updates followed by an ask for money. I've given that speech myself.

We have many wonderful things happening and we are in need of generous Yom Kippur Appeal donations so that we can continue to maintain our building and our robust programming and outreach.

But the list I have for you this year is a different kind of list: It's a list of what Har Zion means to me and to many, if not all, of you.

- ✧ Har Zion is the place my grandparents and parents loved and belonged.
- ✧ Har Zion is the place where I was taught beginning in preschool, and have formulated my Jewish identity throughout my lifetime.
- ✧ Har Zion is the place where many of you watched as I grew physically, emotionally, and spiritually.
- ✧ Har Zion is also the place where many of you watched as my children grew physically, emotionally, and spiritually.
- ✧ Har Zion is the place where I received opportunities to help others and learn the definition of mitzvah.
- ✧ Har Zion is the place where my family and I have formed lifelong relationships with amazing people.
- ✧ Har Zion is the place I celebrated and mourned friends and family.
- ✧ More importantly, Har Zion is the place where my family and I feel comfortable and have called home for four generations.

To all of the above, I ask, are these things not worth preserving?

I believe synagogues are and will continue to be the epicenter of Jewish life and are a living breathing symbol of our community. Especially with the frightening rise of anti-semitism in our ever challenging world, we of all communities should know that it is imperative that we preserve and we build in the face of adversity and challenges, no matter from where that adversity or those challenges come.

I have to admit that it has been uncomfortable for me over the past several years to ask for money, on this the holiest day of the year.

I have struggled with this until it dawned upon me that as Jews we don't pray alone, we do not atone by ourselves, but we come together, generation to generation, *l'dor v'dor.* We stand and we sit in unison, hoping that in the next year we are granted favor in the eyes of the Lord.

And while we have the attention of our majority on the holiest day of the year, we acknowledge and more importantly, we agree that this synagogue, that Har Zion and its community, are important. That praying together as one is important and so too is supporting Har Zion financially.

The Talmud says, "As my parents planted for me before I was born, so do I plant for those who will come after me."

So I ask you, will you donate and invest in our community? Invest in your family? Invest in Har Zion? Invest in our spiritual home?

I hope the answer is a collective yes.

May we all merit being written in the book of life for a good, for a happy and for a sweet new year!

*Shana Tova,*

JULIANN Y. GELDNER  
PRESIDENT@WSTHZ.ORG



THE CANTOR'S VOICE

## New Budapest Returns (and a New CD)

You should know Oak Park resident Philip V. Bohlman. Phil is an internationally respected, highly regarded ethnomusicologist at the University of Chicago: the Ludwig Rosenberger Distinguished Service Professor in Jewish History, Music, and the Humanities; and associate Faculty at the Divinity School. He is also the artistic director of the University of Chicago ensemble-in-residence, The New Budapest Orpheum Society (NBOS), the group that I perform and record Jewish music with.

Under musical director Ilya Levinson, the NBOS recreates the Jewish music that Dr. Bohlman has researched as well as music brought in by group members. Phil's current research includes an introduction to the study of ethnomusicology and a book on music and global nationalisms, for which he received a 2013 John Simon Guggenheim Memorial Fellowship. Currently, he is working on another book project, *The Cabaretesque in Jewish Music: Sounding Modern European History Anew.*

The NBOS's next project is to record the remainder of songs from Phil's earlier published

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EARLY CHILDHOOD NEWS

## Brucheeem Ha'Bayim

### Rosh Hashanah and New Beginnings—A Peek into our Learning

It seems that we've just returned to school, and the High Holidays are upon us, beginning with Rosh Hashanah. Rosh Hashanah is the perfect holiday for the beginning of the school year. Celebrating the Jewish New Year gives us an excellent framework in which to study beginnings, to look at how much we've grown, and to reflect on where we've been and where we'll be going together this year.

In our classrooms, the children learned and explored the different symbols of Rosh Hashanah with the support of our teachers and clergy. Thank you, Rabbi Glick and Cantor Figa, for explaining why we blow the shofar, where it comes from, and the different sounds it can make. Thank you, teachers, for incorporating the holiday symbols in such a creative way ("How Many Apples Long Are You?"). The children also enjoyed sharing good wishes for the New Year by making and delivering cards to our temple staff and clergy.

### Yom Kippur—How Can We Do Better?

Every day, our teachers encourage children to solve social problems by giving them words to express themselves, modeling behavior, and teaching

empathy. The children learn to combine the polite "I'm sorry I \_\_\_" with the essential "How can I fix it?" or "How can I make it better?"

Children aged two to five are at such a critical stage in their social and emotional development. Learning how to understand and express your own feelings and pay attention to another person's verbally and non verbally expressed emotions is extremely challenging. How do I feel? How does the character in the story feel? What does that look like?

During the ritual of Tashlich, people think of things they've done wrong in the past year and then "throw them away," focusing on how to do better in the coming year. The children had a chance to perform this ritual of Tashlich together with Rabbi Glick by throwing beans into water. Together we said, "Good-bye mistakes, I'll try not to make them again."

During preschool years, children can begin to take control of their actions and begin the lifelong process of self-reflection.



CLAUDINE GURALNICK, CGURALNICK@WSTHZ.ORG  
THE GURALNICK FAMILY PRESCHOOL CHAIR

"[W]e are ready to ... dive into a new year of Jewish learning, meaningful friendships, and exploring what it means for something to be 'new.'"

### TASHLICH AT "LAKE TASHLICH"

During the ritual of Tashlich people think of things they've done wrong during the past year and then "throw them away," focusing on how to do better in the coming year. Thank you Rabbi Glick for leading us and explaining this meaningful ritual, which the children observed at "Lake Tashlich."





FROM THE EDUCATION DIRECTOR'S DESK

## Sigd: An Unknown Jewish Holiday

*Who is wise? One who learns from everyone.*  
— Ben Zoma, Pirkei Avot 4:1

According to the rabbis, if we are truly repentant, we can achieve forgiveness on Yom Kippur for mistakes that are between us and G-d. However, mistakes that we make that affect another person can only be forgiven by the other person. Even if we are truly sorry on Yom Kippur, it can take a number of weeks to do the work in order to be reconciled with those whom we have hurt, or even just those with whom we have let our relationship atrophy. The Jews of Ethiopia know this.

Before we go on, let's clarify that, yes, there are Jews in Africa. Key groups include the Lemba tribe in Zimbabwe, the Abayudaya in Uganda, and the Jewish community in South Africa (mostly white); but there are also Jewish communities in Cameroon, Cote D'Ivoire, Congo, Gabon, Ghana, Kenya, Madagascar, Nigeria, and Tanzania. If this topic interests you, more information can be found here: <https://www.sefaria.org/sheets/358062.18?lang=bi>

Now, on to the Jews of Ethiopia. They live in the Gondor region and call themselves *Beta Yisrael* ("The House of Israel"), though their neighbors call them *Falasha* ("Stranger"). Some say that the community dates back to the time of the Queen of Sheba and her visit to King Solomon; others say

that it only goes back to the first century CE. Either way, it's an ancient Jewish community.

There's a Jewish value *Kol Yisrael Aravim zeh LaZeh*—All Jews are responsible for each other. That is why, when Judaism was outlawed in Ethiopia in 1981, the Israeli intelligence agency Mossad opened up a actual Red Sea diving resort in Ethiopia, that also happened to smuggle 12,000

Beta Israel Jews out of Ethiopia to Egypt, by boat, over the course of three years.

During the famine that struck Ethiopia in 1984, many Ethiopian Jews left Ethiopia on foot, and walked to Sudan. In Operations Moses and Joshua, Israel airlifted 8,500 of these out of Sudan. And during the 1991 civil war in Ethiopia, Israel airlifted 15,000 additional Beta Israel out of Ethiopia in 36 hours in Operation Solomon. Periodic rescues of additional Ethiopian Jews have occurred since then.

Because the Ethiopian Jewish community had lived in isolation from the rest of the Jewish world until 1855, they developed a number of unique traditions. One is *Sigd*. Fifty days after Yom Kippur, the Jewish community of Ethiopia would travel to a specific mountain in Ambober. On the day of the holiday, they would fast in the morning, ritually immerse in a river, and put on clean holiday clothing.

Their spiritual leaders, called *Kessim*, would carry their Torah, called *Orit*, to the top of the mountain, where they read selections from Nehemiah describing how the community had recommitted themselves to living a Jewish life.

The Beta Yisrael would then have prayer services. At the end, the shofar would be blown, and the leader would say "Just as we have merited celebrating this holiday this year, may we merit to celebrate it next year in Jerusalem." People would publicly talk about their desire to go to Jerusalem. In the afternoon they would return home to break their fast with a festive meal.

Now, in Israel, the same thing happens, except that Israelis gather on Mt. Zion. Sigd is a state holiday in Israel.

What could you do to observe Sigd? Sigd always falls on Cheshvan 29, which this year is November 13, 2023. There are themes of Sigd that you can tap into, such as connecting with others whom you've been out of touch with for a while, as well as doing something to connect with the Land of Israel. You can eat (vegetarian) Ethiopian food. And you can recommit to adding one more Jewish thing to your life this year.

*Melkam Sigid Beal* — Happy Sigd!

DAVID SCHWARTZ; DSCHWARTZ@WSTHZ.ORG  
WWW.WSTHZ.ORG/EDUCATION/RELIGIOUS-SCHOOL

### WORDS OF LIGHT

Sunday, October 15, 1pm,  
featuring poets Dina Elenbogen, Hila Ratzabi (Har Zion member), and Jamie Wendt.

Details and registration at <https://www.wsthz.org/event/poetry-panel.html>.

The really small, faded line that you can't read in the image below is: "In the dark times/ Will there be singing?/ Yes, there will also be singing. / About the dark times.



### Words of Light: A Jewish Poetry Panel

"In the dark times / Will there also be singing? / Yes, there will also be singing. / About the dark times." — Bertolt Brecht

What does it mean to be a Jewish poet during these dark times? How do we keep our voices raised in song amidst so much suffering? Poetry can be a source of light in the darkness. **Dina Elenbogen, Hila Ratzabi, and Jamie Wendt**, three Chicago-based Jewish women poets and astute witnesses, see and write through a Jewish lens as they celebrate and lament the worlds in which they are engaged. They write of loss and displacement, but also faith, hope, and healing. Together they are a powerful chorus of voices that help us discover how to live as a Jew and a *mensch* during these troublina times.

## NEW WAY TO WORSHIP



### Har Zion's 1st Lay-Led Service Beginning at 6pm, Friday, Oct. 13

Details to come—Contact Andy Kirschner at

## HAPPY ANNIVERSARY!

### OCTOBER 9:

Paul and Judy Burnstein  
Hillel and Mary Jo Levin

### OCTOBER 10:

Jim and Barb Yong

### OCTOBER 11:

Robert and Levana  
Lickton

### OCTOBER 13:

Andrew Kohn and Jackie  
Fields

### OCTOBER 14:

Peter and JuliAnn  
Geldner  
Mitchell and Joan Weiss

### OCTOBER 24:

Rachel and Thomas  
Arnoldt

## Lay-led Worship, One Friday a Month

—From Temple Member Andy Kirschner

Join us for a laid back and lay-led service on Friday October 13. While not just for families, this service is going to be dished up family-style. We'll start with some nosh at 6pm, so that those coming straight from work or with young kids can curb their hunger before the service. We'll gather in a circle at 6:30pm (out on the terrace, weather permitting) and engage in a soulful and songful Kabbalat Shabbat. Kiddush and a dinner will be served at 7pm, right after the service. With all the energy and excitement, we may even have an impromptu Shabbat song session over dessert!

There is no charge to attend, but we are inviting those who are able to donate in order to cover the cost of the meal for themselves and/or others who can't afford it.

If you interested in getting more involved in helping make this night happen (organizing, volunteering, bringing kosher food), reach out to Har Zion member Andy Kirschner at [andrewkirschner@gmail.com](mailto:andrewkirschner@gmail.com).

Registration and details at:  
<https://www.wsthz.org/event/layled/oct2>

## SOCIAL ACTION & ADAMAH/GREEN COMMITTEE

### The Pollinators Are Here!

We've expanded our pollinator garden with a donation of pollinator plants from The National Wildlife Federation Gardens for Wildlife program. The Adamah gardeners and our leader, Jon Henry, cleared two beds at the northeast corner of the preschool playground for about 200 new plants. The school kids and Adamah gardeners planted our new pollinators. (Pictures of the process are on the back cover!)

Come and enjoy them! The first year, the plants sleep. Second year, they creep (or spread). The third year, they leap!

### Gardening for the Environment

Sunday, February 25, 2024, 1pm.

Just in time for the West Cook Wild Ones native plant sale (<https://westcook.wildones.org/>), come learn how to introduce native plants into your landscape. Adrian Fisher from West Cook Wild

Ones will share how to pick locally native plants and why these are better for healing the soil and air. Combine with annuals or other perennials if you like, but do add local natives. They know how to live here and do well with less water. And they'll attract birds, butterflies, and bees and will come back, better than ever, in years to come.

### Our Plastic Collection

**PLASTIC BAGS:** Just before Rosh Hashanah, we finished our most recent Har Zion plastic collection. Stay tuned to hear where this bench will go. This will be our local community's 7th bench! There are three in Austin and three in Oak Park.

Please continue bringing in your soft plastic! The plan is to team up with another faith group to collect for an 8th bench.

Acceptable "plastic/rule-of-thumb" is only plastic that tears in a jagged edge. Generally, that means no crunchy plastic. Please remove/cut off any paper labels. Newspaper sleeves, bubble wrap, sandwich bags, and case overwrap are fine as are the usual grocery bags. Bags must be clean and dry.

**#2 PLASTIC:** We are collecting this type of plastic in all forms (containers, lids, caps) to give to Cody Norman, our local artist who upcycles it into lumber and art. Find the container for this at Temple.

For more information on any of these programs, call or email Phyllis at [phyllis.rubin@comcast.net](mailto:phyllis.rubin@comcast.net) or 708.848.6168.



Mazel Tov!

To Andrew Kruley  
& Shina Alade

Officially married by a rabbi in March, Andrew, Shina, and their families celebrated their union on May 14th, in Jamaica, in a ceremony officiated by his sister, Valerie Kruley



Acknowledging that our ancestors (and even some of our members) have been refugees in the past, Temple Har Zion has a responsibility to support the refugees and homeless of today. This page:

<https://www.wsthz.org/socialaction/refugees> has information on our current projects and suggestions on how you can help.

If you have questions or would like to help with the Har Zion refugee/homeless projects (or perhaps start one of your own?), contact Har Zion member and the chief architect of our Syrian refugee project, John Dempsey, at 312.925.8127 or [harzionsponsorship@gmail.com](mailto:harzionsponsorship@gmail.com).

Our support of refugees and the homeless is part of Har Zion's Social Action initiatives. For more information about our ongoing work, go to:

<https://www.wsthz.org/social-action>

## JEWISH HONEY CAKE



Did you enjoy the honey cake muffins the temple had for Rosh Hashanah?

Wes Kung, the temple and preschool caterer, has revealed his secret: It is Ask Chef Dennis (Littley)'s Jewish Apple Cake, recipe at:

<https://www.askchefdennis.com/jewish-apple-cake/>

Enjoy!

## HAR ZION ADULT EDUCATION: JEWISH JOURNEYS

### Judaism's Founding Fathers with Rabbi Glick



Rabbi Glick Thursday Learning returns in October; stay tuned.

### Monday Evening with David Schwartz



Mondays, 8pm, Zoom ID# 9245 552 6669; use the Har Zion password. Current topics include a rotation of stories, Pirkei Avot, holidays, and prayers.

### Guided Jewish Meditation



Sundays, 9am, on Zoom ID# 489 884 312; use the Har Zion password, and occasionally in person. For more: <https://bit.ly/RAGMeditation>

## JCFS CORNER



### Abuse is a Jewish Issue

By Elizabeth Ury, Director of Jewish Community Engagement

Abuse does not discriminate. It impacts Jews and gentiles of every age, marital status, economic, and educational level. Contrary to widespread belief that abuse is uncommon among Jews, it is actually present at the same level among Jews as in the

general population, including the entire denominational spectrum from the secular to the ultraorthodox.

One of the biggest challenges to uncovering and addressing abuse in the Jewish community is that, historically, many Jews have had difficulty acknowledging that the problem exists within their community. Survivors may also be hesitant to come forward. They may be concerned that their credibility will be questioned, feel they are somehow at fault, or fear shame if their story goes public. Fortunately, that is changing.

Here are some alarming statistics about abuse in the U.S., including the Jewish community:

**CHILD ABUSE:** Approximately 20% of the U.S. population are survivors of childhood sexual abuse.

**DOMESTIC VIOLENCE:** More than one in three women and one in four men have experienced either physical violence, rape or stalking by an intimate partner in their lifetime.

**ELDER ABUSE:** At least one in 10 elders 65 and over are victims of physical, sexual, financial, verbal, emotional, and/or psychological abuse.

**TEEN DATING VIOLENCE (TDV):** About one in 12 teens experience physical and/or sexual dating violence.

For our synagogues to be safe spaces, it is important that our professional and lay leadership understand how abuse occurs throughout the lifespan and how this applies to synagogue life, including sensitivity to those who have been victims of abuse.

To address this need, JCFS Chicago offers a yearlong program in partnership with SHALVA (<https://shalvacares.org/>) and CJE SeniorLife (<https://www.cje.net/>) called Safer Synagogues (<https://bit.ly/JCFSSaferSynagogues>).

Temple Har Zion has participated in this program as part of their commitment to understanding abuse and their compassion and support for survivors.

Led by a diverse group of trainers, the program addresses abuse-related issues, along with other important topics such as addiction and recovery

*"The Cantor's Voice," Continued from page 3*

compilation *Israeli Folk Music; Songs of the Early Pioneers*. Bohlman was entrusted to complete this project begun by Hans Nathan, a young Jewish musicologist living Berlin, whose work was interrupted by World War II and the Holocaust.

Nathan's project was for The Keren Kayemeth, the Palestinian National Fund (now the Jewish National Fund), which had sent folk songs written on postcards to eminent Jewish composers around the world, hoping to popularize a new nationalist music that captured the struggles and ideals of

immigrant pioneers settling in Palestine in the 1920s and 30s.

The New Budapest Orpheum Society is giving a free concert at Har Zion, at 7:30pm on October 11. The concert will include some of these songs as well as some of my recent Yiddish repertoire and a whole array of interesting rarities. You'll get to hear the new younger artists in our group as well, so I hope you can make it!

CANTOR STEWART FIGA, [CANTOR@WSTHZ.ORG](mailto:CANTOR@WSTHZ.ORG)  
THE GOLDSTINE FAMILY CANTORIAL CHAIR

## NEW BUDAPEST ORPHEUM SOCIETY CONCERT

Wednesday, Oct. 11, 7:30pm. Cantor Figá's group will feature Jewish cabaret songs destined for their new album.

<https://www.wsthz.org/event/new-budapest-orpheum-society.html>

and mental health. The curriculum includes sharing of facts and debunking prevalent myths, legal obligations to intervene, approaches to sensitively offer support and community resources, inclusive rituals and prayers, ideas for integrating information around safe and healthy relationships into synagogue life, and suggestions for protocols and policies.

For more information about Safer Synagogues, contact [ElizabethUry@JCFS.org](mailto:ElizabethUry@JCFS.org).

### JCFS Warm Line

Do you need help with dealing with emotional distress? JCFS Chicago's warm line is open. If you are looking to talk to someone about emotional distress you may be feeling, and/or if you are searching for resources, call us between 9am and 5pm Monday through Thursday, and 9am and 4pm Fridays, at 855.275.5237 to connect with an emotional support professional.

Also known as 855.ASK.JCFS, you have toll-free access to

programs and services at JCFS Chicago. "If your need is not urgent and you are just looking to talk to someone about your emotional distress ..." <https://www.jcfs.org/855askjcfs>

### STAR: SUBURBAN THURSDAY AFTERNOON RETIREES

Suburban Thursday Afternoon Retirees, better known as STAR, meets every Thursday from 1-3pm, except on Jewish and national holidays. This vibrant group includes attendees from Temple Har Zion and Oak Park Temple, as well as the broader community. We are planning for our October meetings to be available both in person at Temple Har Zion and via Zoom. Please join us in person if you can!

STAR, a joint endeavor of both temples, offers a place for candid discussions on a variety of topics as well as an opportunity to socialize and to support each other.

If you'd like more information about STAR, contact your Temple office. We at STAR feel like a small community learning and growing together. Please join us!

## Pulpit Flowers

### October 6

Steven & Betsy Blumenthal, in memory of Steven's grandfather, Charles Ceren

Robert Chapman, in memory of Reva Chapman

Robert and Rosemary Goldstine, in memory of Robert's sister, Muriel Feinstein

Cindy Kirshman-Gradle and Charles Gradle, in memory of Cindy's father, Sam George Kirshman

Ted and Myra Lawrence, in memory of Myra's mother, Rachel Mackoff Grandt

Jeffrey and Becky Levine, in memory of Jeffrey's grandmother, Lill Wachtel

Ronald and Rebecca Lipton, in memory of Ronald's father, Ben Lipton

Jean and Barry Schub, in memory of Barry's grandmother, Zena Kramer

Roberta Schwartz, in memory of Roberta's father, Bernard Hanfling

Steven and Carol Steinfeld, in memory

of Carol's mother, Ruth Karp

### October 13

Leonard Grossman and Cindy

Barnard, in memory of Leonard's mother, Gertrude Grossman

Jeffrey and Becky Levine, in memory of Jeffrey's mother, Susan Levine

Jerry Levine, in memory of Jerry's wife, Susan Levine

Joy and Jim Zucker, in memory of James's mother, Joyce Zucker

### October 20

Hillel and Mary Jo Levin, in memory of Hillel's mother, Mildred Levin

Henry Pevsner, in memory of Henry's mother, Ruth Pevsner

Richard Rothschild and Judith Crown, in memory of Judith's mother, Frances Koch

Roni Seltzberg, in memory of Roni's mother, Renee Seltzberg

Hene and Richard Waterbury, in memory of Hene's mother, Ruth Pevsner

Mark and Marsha Weiss, in memory of Marsha's father, Morton Beer

### October 27

Suzanne Fournier & Chris Martin, in memory of Suzanne's father, Romeo Joseph Fournier

Edward Sachs and Judith Grobe Sachs, in memory of Edward's mother, Pearl Sachs

### Not Previously Listed

#### August 11-12:

Howard Blum, in memory of Howard's wife, Nancy Gettes

#### September 15-16:

Magda Elias, in memory of Magda's mother, Amanda Elias

Simone Weiss, in memory of Simone's sister, Elaine Goodwin Mandel





**October 6**

Annabel Abraham  
 Lee Alport  
 Katherine Bartos  
 Sidney Berman  
 George Bernier  
 Anna Bobin  
 Loraine Carmen  
 Charles Ceren  
 Reva Chapman  
 Geoffrey Joseph Essex  
 Muriel Feinstein  
 Mary Gaines  
 Nat Grusin  
 Bernard Hanfling  
 Saul Heiman  
 Lottie Hershovitz  
 Ruth Irgang  
 Paul Kane  
 Ruth Karp  
 Sam George Kirshman  
 Zena Kramer  
 Adele Landauer  
 Ben Lipton  
 Rachel Mackoff Grandt  
 Rosalye Mars  
 Martha Gray McMahon  
 Morris Newman  
 Anna Portes  
 Margarite Rocklin  
 Louis Sacks  
 Jeffrey Schneider  
 Irwin Secore  
 Doris Persky Silver  
 Arthur M. Soffer  
 Rabbi Moses Tabachnik  
 Lill Wachtel  
 Mitchell Jay Weinger  
 Louis Weinstein  
 Nathan Wexler

Toba Zimmerman

**October 13**

Theodore Abeles  
 Florence Adlerblum  
 Philip Altschul  
 Mary Barbanell  
 William Bartos  
 Anna Berman  
 Shirley Bernstein  
 Abraham Dubinsky  
 Maurice Feuerstein  
 Ada P. Flank  
 Ada Rose Flank  
 Molly Freed  
 Auguste Glauber  
 Rose Goldman  
 Gertrude Grossman  
 Doris M. Gruskin  
 Albert Joseph  
 Irving Kaplan  
 Natalie Kaplan  
 Henry R. Krasnow  
 Dora Lerner  
 Susan Levine  
 Gerry Levinson  
 Ferar Levinson  
 Samuil Libgober  
 Emma Neuman  
 Samuel Oppenheim  
 Lois Parison  
 Dorothy Rice  
 Anita Roller  
 Beckey Rootberg  
 Max Saffir  
 Fanny F. Segall  
 Sharon Sharon  
 Libby Silverman  
 Harry H. Wayne  
 Louis Wilks  
 Joyce Zucker  
 John Zussman

**October 20**

Sophie Altschul  
 Morton Beer  
 Alvin Charnes  
 Barbara Clemons  
 Samuel Corush  
 Albert Fox

**In Memoriam**

The Congregation extends its deepest sympathy to the families of:

Amy Shohet

*Wife of Leon Shohet, mother of Robert & Lori Prince, Aaron Shohet Kemp, Lena Shohet, William Zev (Neelika) Shohet, and William Prince (z"l) and Victoria Rojo (z"l); grandmother of seven and great-grandmother of nine; and sister of Pat and Nadine Scherz (z"l)*

and

Alexander Wilde

*Husband of Barbara, father of David and Patricia Wilde, and Deborah and Scott Wilde, and Michael and Sue May Wilde; grandfather of Michela (Sam); Danielle and Kevin; Elliot, Ben (Emily), and Allison (z"l); and great-grandfather of Theodore, Noah, Naomi, and Alexandra.*

“The memory of the righteous is a blessing”—Proverbs 10:7

Marvin Goren  
 Ida Greenberg  
 Abe Kaplan  
 Frances Koch  
 Beatrice Krieger  
 Isaac Lakin  
 Mildred Levin  
 Milton Miller  
 Hyman Nathan  
 Ruth Pevsner  
 Goldie Piolet  
 Albert David Rader  
 Herman Roller  
 May Schlesinger  
 Jay Schlitt  
 Renee Seltzberg  
 Rabbi Sol Serber  
 Louis Steinfeld  
 Ana Maria Velasquez  
 Fannie Wexler  
 Harry Zakroff

**October 27**

Pearl Linn Benditzson  
 Jacques Blau  
 Sharon Bloom  
 Anna Bogot  
 Nathan Bogot  
 Abe A. Brown  
 Julia Cermak  
 Abe Cohen  
 Leah Cohen  
 Norman Ellstein

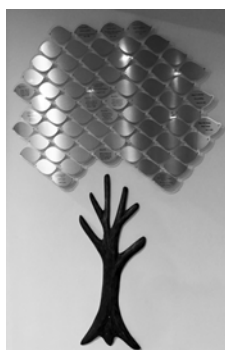
David Fagel  
 Daniel Follmer  
 Romeo Joseph Fournier  
 Ione Frack  
 Mary Gang  
 Bertha Flora García  
 Adrianzen Fernández  
 Anna Gethner  
 Clifford Gordon  
 Henrietta Grusin  
 Alex Hoffman  
 Morris Holland  
 Al Horberg  
 Mary Judge  
 Dorothy Greenburg Landay  
 Rebecca Lazarus  
 Nathan Lipschultz  
 Moses Poncher  
 Fritzi M. Raskin  
 Sue Relis  
 Brian Robbins  
 Joseph Rubinsky  
 Pearl Sachs  
 Michael Tsesis  
 Meyer Tuven  
 Evelyn Weintraub  
 Donald White  
 David A. Wolf

# October 2023 Tishrei/Cheshvan 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Sukkot</b> 10am Service 10:30am Kids 1-7 Sukkah Decorating Party  7:18pm Havdalah	<b>2</b> 8am Shohet Morning Minyan (in person and Zoom) 8pm Jewniversity with David Schwartz; Zoom only	<b>3</b> 8am Shohet Morning Minyan (in person and Zoom)	<b>4</b> 8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS 6pm Hot Dogs in the Hut	<b>5</b> 8am Shohet Morning Minyan (in person and Zoom) 1pm STAR	<b>6</b> <b>Hoshana Rabah</b> 8am Shohet Morning Minyan (in person and Zoom)  <b>Shemini Atzeret</b> 6:30pm Shemini Atzeret Service; in person and Zoom  6:07pm 	<b>7</b> <b>Shemini Atzeret Yizkor</b> 10am Shemini Atzeret Service Haftarah Reader: <b>Gadi Levi</b> (in person /streaming) 1:15pm Book of Job w/ Rabbi Levanon (in person only) <b>Simchat Torah</b> 6pm Simchat Torah meal; 6:30pm service 7:05pm 
<b>8</b> <b>Simchat Torah</b> 10am Simchat Torah Service Haftarah Reader: <b>Barb Yong</b>  7:06pm Havdalah	<b>9</b> <b>Columbus/ Indigenous People's Day</b> 8am Shohet Morning Minyan <b>Zoom Only</b> 8pm Jewniversity with David Schwartz; Zoom only  <b>Preschool closed</b> <b>Temple Office and Building closed</b>	<b>10</b> 8am Shohet Morning Minyan Zoom	<b>11</b> 8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS 7pm Board Meeting 7:30pm New Budapest Orpheum Society	<b>12</b> 8am Shohet Morning Minyan (in person and Zoom) 1pm STAR	<b>13</b> 8am Shohet Morning Minyan (Zoom only) 6pm Lay-Led Service; in person only 6:30pm Kabbalat Shabbat; in person and Zoom  5:55pm 	<b>14</b> <b>Shabbat Mevarchim Bereshit</b> 10am Service Haftarah Reader: <b>Phil Fertik</b> (in person /streaming) 1:15pm Book of Job  6:57pm Havdalah
<b>15</b> <b>Rosh Hodesh Cheshvan</b> 9:30am Shohet Minyan (Zoom only) 9:30am KRS 9:45-10:45am The Interactive Jewish Book of Why 2:30pm Words of Light Poetry Event	<b>16</b> <b>Rosh Hodesh Cheshvan</b> 8am Shohet Morning Minyan (in person and Zoom) 8pm Jewniversity with David Schwartz; Zoom only	<b>17</b> 8am Shohet Morning Minyan (Zoom only) 3:30pm Preschool Parent/Teacher Conferences	<b>18</b> 8am Shohet Morning Minyan (in person and Zoom) 3:30pm Preschool Parent/Teacher Conferences 4:30pm KRS	<b>19</b> 8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR	<b>20</b> 8am Shohet Morning Minyan (Zoom only) 6:30pm Musical Kabbalat Shabbat; in person and Zoom  5:44pm 	<b>21</b> <b>Noach</b> 10am Service Haftarah Reader: <b>Robert Chapman</b> (in person /streaming) 10:30am Jr. Cong. 11am Tot Shabbat 1:15pm Book of Job  6:46pm Havdalah
<b>22</b> 9:30am Shohet Minyan (Zoom only) 9:30am KRS 1pm Book Review with Ronald Balson 4pm Israeli Summer Movie (in person only)	<b>23</b> 8am Shohet Morning Minyan (in person and Zoom) 8pm Jewniversity with David Schwartz; Zoom only	<b>24</b> 8am Shohet Morning Minyan (Zoom only)	<b>25</b> 8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS	<b>26</b> 8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR	<b>27</b> 8am Shohet Morning Minyan (Zoom only) 6:30pm Ta'am Shel Shabbat/Taste of Shabbat 6:30pm Kabbalat Shabbat; in person and Zoom  5:34pm 	<b>28</b> <b>Lech Lecha</b> 10am Musical Service Haftarah Reader: <b>Bob Silverman</b> (in person /streaming) 1:15pm Book of Job 7pm Bowling  6:36pm Havdalah
<b>29</b> 9:30am Shohet Minyan (Zoom only) 9:30am KRS ??am Family School	<b>30</b> 8am Shohet Morning Minyan (in person and Zoom) 8pm Jewniversity with David Schwartz; Zoom only	<b>31</b> 8am Shohet Morning Minyan (Zoom only)	<b>November 1</b> 8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS	<b>November 2</b> 8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR	<b>November 3</b> 8am Shohet Morning Minyan (Zoom only) 6:30pm Kabbalat Shabbat; in person and Zoom  5:25pm 	<b>November 4</b> <b>Vayera</b> 10am Service Haftarah Reader: <b>TBD</b> (in person /streaming) 6:27pm Havdalah

# Todah Rabah

Commemorate special life events—a birthday or anniversary; birth of a child, grandchild, great grandchild; graduation; retirement; and so on—with a contribution to Temple Har Zion. Such a gift is a meaningful way to honor any simcha. Donations can be directed to any of these funds. Your generosity will help our congregation maintain its fine programs, and will also affirm the importance of Judaism and Jewish ideals in your family's life.



## Simcha Tree

Honor your family simcha with a donation to the Har Zion Simcha Tree. Your gift of a leaf will create a lasting reminder of the occasion: wedding, birth, bar/bat mitzvah, a birthday, or a thank you for a job well done.

### ADULT EDUCATION FUND

#### ANNABEL, BERNARD AND OREN CARMİ

**ABRAHAM FUND:** Enabling children with financial need to receive a Jewish education

**BUILDING FUND:** Maintaining & improving the building

Hai and Carol Solomon, in memory of Alexander Wilde

**CANTOR'S MUSIC FUND:** Provides musical programming

#### CHILDREN'S SHABBAT FUND

**FAY STOPECK SHABBAT MUSICAL FUND:**

Supports Friday night musical services  
Vladimir Tsisis, in honor of Carol Flank and her grand contribution to our synagogue life

Stuart Weg and Judy Roth, in appreciation of Hai and Carol Solomon

#### EMERGENCY RELIEF FUND

#### FLOWER FUND

#### GIVING TUESDAY

**GROPPER WINDOW PROJECT FUND:** Supports the restoration of the Gropper Windows

**GROWTH & DEVELOPMENT FUND:** To support the long-term stability and viability of the congregation

#### GURALNICK PLAYLOT FUND

#### JANICE PATTERSON KALLAH SCHOLARSHIP

**FUND:** Supports Kallah expenses and helps families attend

**JEWISH JOURNEYS FUND:** Supports learning and spiritual development in the community, including programs, ritual items, and Jewish learning stipend

Carol Flank, in memory of Mike Wilde's father, Alexander Wilde

**KIDDUSH & BREAKFAST FUND:** Shabbat & festival Kiddushim, and weekday minyan breakfast

Morris and Beverly Applebaum, in memory of Mike Wilde's father, Alexander Wilde

**KOVEN RELIGIOUS SCHOOL FUND:** Provides equipment, programs & scholarships for the Koven Religious School

#### LIBRARIES

**LIEB FAMILY SUKKAH FUND:** For the Lieb Family Sukkah

David and Shirley Lieb, in memory of Alexander Wilde, father of Michael Wilde  
David and Shirley Lieb, in memory of their of dear parents and grandparents

David and Shirley Lieb, in honor of the visit of Carol Flank and her chanting of the haftorah

David and Shirley Lieb, in honor of Elizabeth Berman's Bat Mitzvah

**MALCOLM GETHNER USY SCHOLARSHIP FUND:** Funds for our youth to attend regional events

#### MEMORIAL FUND

Howard Blum, in memory of Howard's wife, Nancy Gettes

Diane Colletti, in memory of Carol's mother, Sarah Harwitt

Morrie and Carol Fred, in memory of Carol's father, Julius Wolf

Norma Kanter, in memory of Saul Heiman

Norma Kanter, in memory of Bella Heiman

Elaine Levin, in memory of Herbert Retzky

#### PAUL WOLFMAN LAY LEADERSHIP

**DEVELOPMENT FUND:** To support in the development of present and future leaders

#### PRAYER BOOK FUND:

Vafa and Liz Shayani, in memory of Michael Wilde's father, Alexander Wilde

Paul and Judith Wolfman, in memory of Michael Wilde's father, Alexander Wilde

#### PRESCHOOL FUND

Ingrid Brown, in memory of Mike Wilde's father Alexander Wilde

#### RABBI ROBIN DAMSKY ADAMAH FUND

**RABBI VICTOR A MIRELMAN EDUCATION FUND:** Supports early education, religious school, & adult education

Stuart Weg and Judy Roth, in memory of Ernie Roth

Contact the office for our online program password.

**RABBI'S DISCRETIONARY FUND:** Supports a variety of charities and special activities at the rabbi's discretion

Carol Flank

Morrie and Carol Fred, in memory of Alexander Wilde

Herbert Golinkin, in memory of Isadore Golinkin

Steven and Carol Steinfeld, in memory of Alexander Wilde

#### SEFER HAFTARAH FUND

#### SENIOR ACTIVITY FUND

#### SOCIAL ACTION FUND

#### TEMPLE FUND

Gary and Barbara Belenke, in appreciation of the honors during the High Holy Days

Robert Bloch, in memory of Ted, Sonia and Nancy Bloch

Suzanne Fournier & Chris Martin, in memory of Michael Wilde's father, Alexander Wilde

Susan and Sheldon Gottlieb, in memory of Irene and Nathan Gottlieb

Carol Koenig, in honor of the Bat Mitzvah of Elizabeth Berman

Carol Koenig, in memory of Alexander Wilde  
Marlene and Jennifer Mann, in memory of

Michael Wilde's father, Alexander Wilde

Edward Sachs and Judith Grobe Sachs, in memory of their loved ones

Octavio Urbina, in celebration of Rosh Hashanah

Thomas Zapler, in celebration of the High Holy Days

#### TZEDAKAH PROJECTS

Paul and Judith Wolfman, in memory of Paul's grandmother, Beatrice Krieger

#### USY SCHOLARSHIP FUND

**YONG FAMILY CAMP FUND:** Provides partial scholarships for members' children to attend Jewish camps



**KRS STUDENTS HELPING PLANT THE NEW POLLINATOR GARDEN**

We've expanded our pollinator garden with a donation of pollinator plants from The National Wildlife Federation Gardens for Wildlife program. Adamah gardeners with our leader, Jon Henry, cleared two beds at the northeast corner of the preschool playground for about 200 new plants. Rabbi Glick, the Adamah gardeners, and Koven Religious School students and teachers spent an afternoon in the mud planting the garden. Please come and enjoy it.

Before—the donated plants—to the left, and during below.

