



HAR ZION — A community for faith, learning, and life!

January 2024
Tevet/Shevat 5784

HAR ZION HERALD

Temple Har Zion

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River Forest, IL 60305

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Facebook:

www.facebook.com/WSTHZ

WSTHZ

YouTube:

www.youtube.com/c/TempleHarZion

TempleHarZion

THE SOLOMON FAMILY
RABBINIC CHAIR

Adir Glick

RABBI EMERITUS

Dr. Victor A. Mirelman

THE GOLDSTINE FAMILY
CANTORIAL CHAIR

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Shirley Lieb

GABBAIM

Ed Sachs & Alan Peres

BOARD OF DIRECTORS

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Worship Schedule: All are on Zoom
In Person: Friday Evening & Saturday
Morning services, and Minyan on
Monday, Wednesday & Thursday)

Friday Evening	6:30pm
Saturday Morning	10:00am
Monday–Friday Morning	8:00am
Sunday Morning	9:30am

Streaming of Har Zion Services

Friday evening and Saturday morning Shabbat services are streamed on Har Zion Facebook and YouTube (no password), and Zoom; the Shohet Daily Minyan is streamed on Zoom only. Ask the office for the Zoom password if you need it. **All are welcome, either in person or streaming.**

Candle Lighting Times

January 5	4:16pm
January 12	4:23pm
January 19	4:31pm
January 26	4:40pm

Save the Date!

Birthday Event for the Youngest Israeli Hostage

Wednesday, January 3, 7pm, at Har Zion

Birthday celebration for Kfir Bibas, whose first birthday is January 3. Kfir is being held hostage by Hamas with his father, mother, and 4-year-old brother. The least we can try to do for Kfir and his family is bring some light to them.

Come join us at Har Zion on Kfir's birthday for a kid-friendly event—light a birthday candle, sing Happy Birthday/*Yom Huledet Sameach*, eat cake, and see your friends. No speeches are expected.

If you can't make it, please do something at home to honor Kfir and his family.

If you have questions, email ahperes@gmail.com or office@wsthz.org.

Temple Har Zion Annual Congregational Meeting

Sunday, January 21, 10am, at Har Zion.

Special Shabbat Services

FRIDAY, NOV. 19: KRS Grades 4–5 Shabbat and Dinner, 6:30pm.

SATURDAY, JAN. 20: First of the new Shabbat morning services.

(See Rabbi Glick's article on page 2.)

SATURDAY, JAN. 27: Musical Shabbat, 10am–12:30pm, Junior Cong, 11am–12:30pm; Tot Shabbat, 11:45am–12:30pm.

Note the changed times.

FRIDAY, FEB. 2: Refugee Shabbat and Dinner, 6:30 & 7:30pm.

Adult Learning

FAMILY SCHOOL: Sunday, January 21, 9:30–10am.

SEE ALSO: Page 6, for recurring offerings: Meditation with Rabbi Glick, Monday Education with David Schwartz, and Thursday Morning Learning with Rabbi Glick

STOP THE BLEED: Sunday, February 4. Uncontrolled bleeding is the number one cause of preventable death following trauma. This program will prepare you to stop bleeding in severely injured individuals, and perhaps allow you to save a life. Taught by Har Zion member Dr. Jon Henry.

Register at: <https://www.harzion.org/events/stop-the-bleed>

A TWO PART VIRTUAL SERIES ON THE "HISTORY OF ANTISEMITISM" WITH DR. JEFF ELLISON OF ANSHE EMET DAY SCHOOL:

Thursdays February 1 and 29, at 8pm, virtual only.

Details and registration to come.

Dr. Jeff Ellison teaches history at Bernard Zell Anshe Emet Day School, where he is also the head of the social studies department. He holds degrees in history and art history, anthropology and archaeology, and a doctorate in educational leadership and Holocaust education.

AND ISRAELI-AMERICAN JOURNALIST, COMMENTATOR, AND LEADING VOICE IN ISRAEL, YOSSI KLEIN HALEVI:

Sunday, February 11, 2024, 10am.

Har Zion is privileged to have Yossi Klein Levi return to speak to us about Israel and Israeli politics and people; don't miss it. Details and registration to come.

Yossi Klein Halevi is a senior fellow at the Shalom Hartman Institute in Jerusalem and co-directs the Institute's Muslim Leadership Initiative (MLI), which teaches emerging young Muslim American leaders about Judaism, Jewish identity, and Israel. He is the author of several important books and regularly comments on Israel life and politics.

Hollywood Havdalah Film Night for Preschoolers

Saturday, January 20, 5:30 PM, Gottlieb Hall.

Join with other families with children from 1 to 7 years old, say goodbye to Shabbat, and watch a children's movie, in your pajamas!

Details and a link to register: <https://www.harzion.org/events/hollywood-havdalah-film-night-for-preschoolers>

Don't forget to check out our new website, [harzion.org!](http://harzion.org)

Haftarot Readers

January 6

January 13

January 20

January 27

Shemot

Vaera

Bo

Shabbat Shirah Beshalach

Aaron Burnstein

Leonard Grossman

Phil Fertik

Rabbi Yosef Levanon



LETTER FROM THE RABBI

A New Year and a New Shabbat Service

“[W]e present ... a chance for our synagogue’s services to be the lifeblood of our community’s future and our prayers to the Universe.”

We have a new experience to share with all of you. Cantor Figa, myself, and a temple committee have come together to reimagine our Shabbat morning service. We hope to bring you—our members of all ages—into our joyful sanctuary service, to take advantage of the power of weekly prayer to inspire and uplift our lives.

In 1953, Rabbi Abraham Joshua Heschel warned his Conservative colleagues about our synagogues becoming the graveyards of our prayers. Through our committee’s work we present the opposite, a chance for our synagogue’s services to be the lifeblood of our community’s future and our prayers to the Universe.

We are working to create a personal and intimate service for our regular Shabbatot with the same joy and singing as our musical Shabbat morning services.

Our first revamped Shabbat will be Saturday January 20th. After kiddush on the previous two Shabbatot, January 6th and 13th, Cantor Figa will teach the melodies that he will use (which are the same as are used on musical Shabbat that many of you are already familiar with), and he will send out recordings ahead of time.

Our goal is for everyone to become more familiar with the melodies and be able to lend their singing voices to the service. We will close off the back half of the pews so that everyone is closer and can hear each other in song. We will make the Torah service

more interactive and encourage everyone to participate and bring their energy to the service. Of course, those who wish to just sit and peacefully absorb the service can do that as well.

There may be other innovations as well as we engage in the timeless process of breathing new life and *kavanah*, intention, into our *keva*, our set prayers, and creating the next generation of shul goers.

In 2018 at the annual meeting, I spoke about our prayers shaking the walls, creaking the wood in our pews, making the *ner tamid* swing on its hinges and our Torah mantles dance. We have introduced new siddurim—prayer books. We’ve had moments of our hearts opening and our feet joyfully dancing in prayer on musical Shabbat and other services. We are now beginning a new phase of this process.

I hope that you can all join us on Shabbat morning January 20th for the first experiment!

We will also be debuting several new Friday night experiences. We are innovating in these services to encourage prayer, community, and connection, featuring one Friday night service a month to celebrate all of our young ones who have a birthday during that month.

Let our prayers touch new heights together!

RABBI ADIR GLICK; RABBI@WSTHZ.ORG
THE SOLOMON FAMILY RABBINIC CHAIR

Har Zion Board

- Elizabeth Berman
- Art Feierberg
- Suzanne Fournier
- Joey Gartner
- Jon Henry
- Jennifer Levitt
- Jayne Mendius
- Sarah Ruman
- Vafa Shayani (Board of Governors)
- Carol Solomon
- Frank Vozak

TEMPLE
HAR ZION

ANNUAL
CONGREGATIONAL
MEETING

Sunday, January 21, 2024
10:00 AM

in person and streaming

"I am grateful to each and every member of Har Zion for making me feel, over the past four years, that I was 'enough.'"



Dear Friends,
When I was first asked to be temple president, I met with the rabbi and told him I didn't think I was Jewish enough to fill the position. I felt that since I wasn't a regular at services that I didn't know enough and therefore was not really qualified to be president. He assured me that I *was* Jewish enough.

He suggested some reading material and I devoured it, because more than anything, I wanted to be "enough" to be president and serve the congregation in a meaningful way. Well, its been four years and I feel pretty good about having been "enough," thanks to your confidence in me.

The past four years have been busy at the temple; we have accomplished a lot and have many people to thank for their hard work and generosity. We found our way through Covid while reimagining how we celebrate our holidays together. We are able to provide services and programming virtually and in person. Thanks to generous donations we have a camera and sound system that let us go virtual. We have a beautiful foyer with tapestries and a sitting area. The Solomon Terrace and new landscaping have truly enriched our space, making outdoor services and events possible and beautiful. We have new curtains on the stage in Gottlieb Hall. Our new, much needed, air conditioning system is almost complete. We have increased our diverse and robust programming and so much more.

The rabbi and cantor have been pillars of strength and leadership throughout the years. We were lucky enough to hire Charles Shapera as our Executive Director. We went through major changes in our preschool faculty and are thrilled to have our own Claudine Guralnick as the Director of Early Childhood Education. We have an amazing Education Director and Religious School Principal in David Schwartz. We also have a wonderful administrative staff with Sheila, Judy, and Patricia.

I have worked with amazing, hardworking Executive Committee members who made my role significantly easier and enjoyable. We were all dedicated to our positions and responsibilities and enjoyed our time working together. The Board of Directors for both of my terms as president were dedicated to making our synagogue a vibrant, welcoming community, and I am grateful to all of them.

Thank you for your gift of confidence in me throughout the years. Most importantly, I am grateful to each and every member of Har Zion for making me feel, over the past four years, that I was "enough." I will always look back fondly at my time

as president of Har Zion. Being president of Har Zion was truly a labor of love; stepping down is truly bittersweet.

Looking toward the future, I am confident that Mike Weinstein will do an amazing job as president along with the new Executive Committee and Board of Directors.

With warm regards,
Juli

A handwritten signature in black ink that reads "Juliann Y. Geldner".

JULIANN Y. GELDNER
PRESIDENT@WSTHZ.ORG



Thanks to the premiere last month of the movie *Maestro*, which starred and was lovingly directed by Bradley Cooper, you cannot avoid the abundance of tribute currently being given to the late, great, Jewish American composer, conductor, pianist, educator, and humanitarian Leonard Bernstein.

While there was a fanfare of programming in the classical world in 2018 marking the 100th anniversary of his birth, *Maestro* has set off a new, more widespread, popular recognition of Lenny's place in music and history.

First off, it must be said that *Maestro* is by no means a full biography, but an artistic rendering of a love story based on Bernstein's marriage with his wife Felicia (magnificently played by Carrie Mulligan). The focus of the film is about that relationship and the flaws of a great man and the sacrifices that the woman who loves him has to bear.

Maestro is not overtly Jewish even though Bernstein was steeped in his Jewishness, however there are a few noticeable instances. For instance, when Bernstein is introduced to Chilean-born Felicia, his eyes light up and he becomes intrigued when she says that her name is Montealegre Cohn. When his (Jewish) mentor, conductor Serge Koussevitzky urges Lenny to change his name so that it doesn't sound so Jewish, Bernstein politely demurs. In a crucial scene that Lenny has with his daughter Jamie, the viewer can't help noticing that the sweatshirt he is wearing has HARVARD emblazoned on it, in big Hebrew letters.

Bernstein is best known for his many distinguished works for Broadway (note the 2021 Steven Spielberg remake of *West Side Story*) and his televised *Young People's Concerts*, during which he

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EARLY CHILDHOOD NEWS

חג אורים שמח Happy Festival of Lights

Har Zion preschool welcomed the holiday of Hanukkah, the Festival of Lights, with great warmth and loving community.

As we lit the first candle of Hanukkah the parents, teachers, clergy, and children gathered in the community hall and enjoyed arts and crafts together and ate delicious traditional foods, including crispy latkes.

The main event was when all the preschool children put on Hanukkah crowns and sang Hanukkah songs led by Cantor Figa, with so much joy and enthusiasm.

It was a heart-warming experience for all in attendance as the children and the cantor shared music that they had learned together. Seeing all of our incredible parents taking part in this event made the celebration all the more special.

Our celebration of Hanukkah continued as we invited the seniors from STAR (Suburban Thursday Afternoon Retirees) to light the eight candles of Hanukkah with us. The cantor and the children sang Hanukkah songs again, and the rabbi gave a lesson about the holiday. We ate latkes, colored dreidels, and enjoyed each other's company.

Hanukkah is all about the restorative power of community, and how community itself can be a form of perseverance. How beautiful, then, to celebrate

with community-building activities, sharing traditions, and celebrating our religion and each other. Thank you to the teachers for all of their hard work in making this celebration a success, to the clergy for helping teach our traditions to the children, and to our children for being our pride and joy, and to the parents for their endless support and involvement.

Warmly,
Claudine



CLAUDINE GURALNICK, CGURALNICK@WSTHZ.ORG
THE GURALNICK FAMILY PRESCHOOL CHAIR

“How beautiful, then, to celebrate with community-building activities, sharing traditions, and celebrating our religion and each other.”

PRESCHOOL CLOSINGS

Winter Break, December 25–January 1

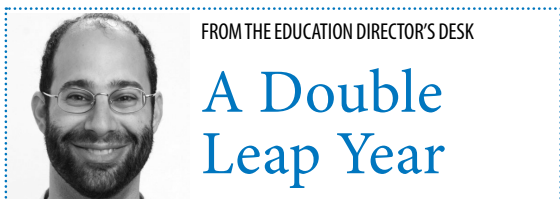
Resumes Tuesday, January 2, 2024

Closed Monday, January 15, for MLK, Jr., day



Preschool Hanukkah Party





Teach us to number our days so that we may attain a heart of wisdom. — Psalm 90:12

KRS CLOSINGS

Winter Break, December 24–January 7

Classes resume Wednesday, January 10, 2024

No class on Sunday, January 14, for MLK, Jr., weekend

No classes Sunday, January 28: Camp Fair for students and parent/teacher conferences for parents

Recently, I was discussing with our 6th and 7th grade class the fact that it's a leap year this year. They informed me that they had learned all about this. Most people think it takes 365 days for the earth to fully orbit the sun, but in fact it takes 365 days and 6 hours. When New Year's Day starts, we still have 6 hours to go before we reach the place that we were a year ago. These "6 hours" build up until we have to add an extra day in our calendar every four years. That's why we have February 29th on years divisible by 4 (but not in years divisible by 100, just to keep everything exact).

The students were entirely correct. As we say in improv, though, "Yes," and "Yes." 2024 is a leap year and we will add an extra day. As it turns out, though, 5784, the Jewish year, is also a leap year and we will add an extra month. Why?

While the secular calendar is based on the sun, the Jewish calendar is based on the moon. One month, or "moonth" as it used to be called, is the amount of time that it takes to go from a new moon to a full moon and back to a new moon. After 12 of these "moonths," you're basically back to where you started in the year.

Except, not entirely. As it turns out, one solar year is 365 days, but 12 lunar months gives you 354 days. That means that while Passover might be on April 12th one year, the next year it will be 11 days earlier, on April 1st. The following year it will be 11 days earlier, in March. This is how the Muslim calendar works. Some years Jews have a shared

break-fast with Muslims when Ramadan coincides with Yom Kippur, and some years Jews have a shared break-fast with Muslims when Ramadan coincides with Tisha b'Av.

The problem is that the Torah (Deut. 16:1) explicitly says that Passover should be in the spring, at least for Northern Hemisphere Jews (Passover is a fall holiday for the Jews of Australia, South Africa, and Argentina). If Passover keeps moving up by 11 days, eventually it will be in the winter.

To solve this problem, every few years we add an extra month to keep everything in its proper season. The month is Adar, so in a leap year Purim is moved to Adar 2 / Bet. It used to be that the determination on whether we needed an extra month was based on how ready the grain seemed, but 1500 years ago Hillel II did the calculations and figured out that the extra month should come 7 out of every 19 years (years 3, 6, 8, 11, 14, 17, and 19).

That includes this year! We are in year 8 of the 304th cycle of 19 years.

This is all very lovely, but so what? How does this idea of leap years add meaning to our lives? The idea of "a day," a period of dark and light, is set by G-d / Nature. The idea of "a month," a period of new moon to new moon, is set by G-d / Nature. The idea of "a year," a period of four seasons, is set by G-d / Nature.

The idea of "a leap year," though, is set by humans. Humans have the ability to control how we use and make meaning of time. In this time of multiple leap years, 2024 and 5784, may we all use our extra time wisely.

David Schwartz

DAVID SCHWARTZ; DSCHWARTZ@WSTHZ.ORG
www.harzion.org/education/religious-school

"The Cantor's Voice," Continued from page 3

taught a whole generation of Americans about serious music.

Long connected to Israel, he was one of the founders of the Israel Philharmonic and conducted in Israel throughout his lifetime, in good times and bad starting in 1947. Memorably, he conducted on Mount Scopus in 1967 to commemorate reunification of Jerusalem. It is noteworthy that in 1989 at the jubilation of the fall of the Berlin Wall, it was Bernstein who famously conducted Beethoven's 9th. Bernstein was very knowledgeable in Jewish sources and used Hebrew sacred texts for many of his major pieces, such as his Symphony No. 1 "Jeremiah," which uses the Hebrew text of Eicha, Lamentations, the magnificent "Kaddish"

Symphony; a setting for *Hashkiveinu*, the *Dybbuk*, and *Yigdal* to name a few. Most movingly to me in the movie *Maestro* was the very end with a beautiful flashback of Felicia, who died of breast cancer. The soundtrack is the haunting and gorgeous Bernstein "Adonai Roi," "The Lord is my Shepherd," a psalm recited at funerals and memorials, from his inspired *Chichester Psalms*.

Maestro is a fine movie and Bradley Cooper's performance is uncanny, but revisiting Bernstein's music through Jewish ears is sublime!

Stewart Figá

CANTOR STEWART FIGA, CANTOR@WSTHZ.ORG
THE GOLDSTINE FAMILY CANTORIAL CHAIR

HAPPY ANNIVERSARY!

January

JANUARY 6:

Leonard Grossman and
Cindy Barnard

JANUARY 17:

Steven and Carol
Steinfeld

JANUARY 19:

Marc and Heidi
Kieselstein
Nicola Jacobs and Nate
Mellman

RECURRING HAR ZION ADULT EDUCATION

Thursday Learning with Rabbi Glick

Rabbi Glick is continuing his Thursday morning 10am teachings. Participate in person or at Zoom ID# 990 415 095 with the Har Zion password.

Monday Evening with David Schwartz

Mondays, 8pm, Zoom ID# 9245 552 6669; use the Har Zion password. Current topics include a rotation of stories, Pirkei Avot, holidays, and prayers.

Guided Jewish Meditation

Sundays, 9am, on Zoom ID# 489 884 312; use the Har Zion password, and occasionally in person.

Introduction to Hebrew

Hebrew is not only a language, it's a community.

If you don't know how to read Hebrew, or you are a bit rusty, we are having beginning Hebrew reading classes approximately twice a month on Sundays at 11am. You will need to get *Teach Yourself to Read Hebrew* from Amazon (about \$15).

More info at: <https://www.harzion.org/events/beginner-hebrew-course>

SOCIAL ACTION & ADAMAH/GREEN COMMITTEE

At the new year's beginning, I want to thank my stalwart regularly—or periodically—participating committee for doing the varied things we do: Cindy Klein-Banai, Cherise Rosen, Rachel Glick, Morrie Applebaum, John Dempsey, Hinda Blum, Jon Henry, Pete Norlander, Megan Dawson, Carol Flank (from afar), Suzanne Fournier, Barb Yong, and Yakira Levi, who follow our efforts and jump in to support new projects. New additions to our group help me feel our articles and postings are read!!! Thank you, all!!!

Gardening for The Environment

Sunday, February 25, 2024, 1pm.

Just in time for the West Cook Wild Ones native plant sale (<https://westcook.wildones.org/plantsale-2/>), come learn how to introduce native plants into your landscape. Adrian Fisher from West Cook Wild Ones will share how to pick locally native plants and why these are better for healing the soil and air. Combine with annuals or other perennials if you like, but do add local natives. They know how to live here and do well with less water. And they'll attract birds, butterflies and bees and will come back, better than ever, in years to come.

National Refugee Shabbat

Save the date for weekend of February 2–3, 2024; watch for more details.

Our Plastic Collection

Our 7th community plastic bag bench has been installed at the Trailside Museum in the kids' play area. Go visit. It's delightful! Please continue to bring in plastic; we are collecting, along with other local faith groups, for our 8th bench. Pilgrim Church will "host" this challenge and will be able to pick the spot for the bench.

Acceptable "plastic-rule-of-thumb" is only plastic that tears in a jagged edge. Generally, that means no crunchy plastic. You don't have to remove any paper labels. Newspaper sleeves, bubble wrap, sandwich bags, case overwrap are fine as are the usual grocery bags. Bags must be clean and dry.

For more information on any of these programs, call or email Phyllis Rubin at phyllis.rubin@comcast.net, 708.848.6168.



Supporting Local Migrants

Har Zion, Oak Park Temple, and the Secular Jewish Community and School are taking turns to provide breakfast on Wednesdays to migrant families now housed in Oak Park. Numbers, locations, and needs are fluid. Please join us in giving food, money and/or time. The families are also in need of comfortable clothes (like exercise or lounging) and winter wear in smaller sizes (men, women, and children). Clothing donations and distribution has moved from St. Catherine/St. Lucy's to the former St. Edmunds. Can you help? Contact Phyllis Rubin (phyllis.rubin@comcast.net, 708.848.6168) or John Dempsey (harzionsponsorship@gmail.com) for details.

Message from Morris Applebaum:

I just got out of a meeting with the Community of Congregations (CoC), regarding the new directive from Oak Park Village. The migrants in the Carlton Hotel and the YMCA have until January 31, then they will be evicted.

There are approximately 139 people in these locations. The CoC has a task force working on finding housing for these people.

I want to know whether any Har Zion members could help with housing. If you or someone you know could help, please contact Rev Colin Knapp (colin.knapp@pilgramoakpark.org) at Pilgrim Congregational Church and let him know.

Best Regards,

Morris Applebaum, CoC board member
morris.applebaum@icloud.com

Other Ways to Help

Please also support the work of Har Zion member John Dempsey, who is leading the temple's migrant/refugee support efforts. You can donate money at gofund.me/95078394 or through donations to Har Zion. If you have questions or would like to help, email John at harzionsponsorship@gmail.com or call the temple office.

JCFS CORNER



Meet Aliza, Our New Community Liaison from JCFS

Aliza Weiner recently joined the Har Zion team as the new community liaison through JCFS. The liaison partners with Temple Har Zion to help congregants find resources based on needs such as, therapy, addiction recovery, mental health, as well as grief and loss struggles.

Aliza has over eight years of experience working with people with disabilities. Prior to this, Aliza had been working at JCFS with their disability employment team for the past four years. She has a bachelor's degree in communications from Northeastern Illinois University and currently lives with her husband in Skokie.

As a disability advocate and an active member of her Skokie Jewish community, Aliza has the knowledge and experience to connect our synagogue to the right resources. She is excited to bring her experience to help the clergy, staff, lay leaders, and congregants in multiple ways.

Aliza has recently officially changed her last name to reflect her marriage a few years ago. Her legal name is now Aliza Weiner instead of Aliza Steinberg. [As you may remember when we introduced her in the November/December Herald.] Her new email address is AlizaWeiner@jcfs.org. (Though mail sent to her old email address will be automatically forwarded to her new email address.)

Aliza Weiner, AlizaWeiner@jcfs.org
She/Her/Hers
Community Liaison
Goldi Bachman Luftig Building
5150 Golf Rd, Skokie IL 60077
847.745.5424 JCFS.org

JCFS Chicago is a nonprofit social service agency that offers expert, individualized help to support a broad range of people as they strive to live successfully in their community:

<http://www.jcfs.org>

JCFS Warm Line

Do you need help with dealing with emotional distress? JCFS Chicago's warm line is open. If you are looking to talk to someone about emotional

distress you may be feeling, and/or if you are searching for resources, call us between 9am and 5pm Monday through Thursday, and 9am and 4pm Fridays, at 855.275.5237 to connect with an emotional support professional.

Also known as 855.ASK.JCFS, you have toll-free access to programs and services at JCFS Chicago. "If your need is not urgent and you are just looking to talk to someone about your emotional distress ..."
<https://www.jcfs.org/855askjcfs>

STAR: SUBURBAN THURSDAY AFTERNOON RETIREES

Suburban Thursday Afternoon Retirees, better known as STAR, meets every Thursday from 1-3 pm, except on Jewish and national holidays. This vibrant group includes attendees from Temple and Oak Park Temple Har Zion, as well as the broader community. We are planning for our January meetings to be available both in person at West Suburban Temple Har Zion and via Zoom, except where noted. Please join us in person if you can!

STAR, a joint endeavor of both temples, offers a place for candid discussions on a variety of topics as well as an opportunity to socialize and to support each other. Recent guests have included Abby Schmelling presenting on Waldheim Cemetery, Cantor Agnes Valdman of Oak Park Temple, Professor Peggy Ann Spitzer on "Female Empowerment and Climate Action," and a presentation by TV, film and advertising executive Sheila R. Brown. STAR has longterm partnerships with Rush Oak Park Hospital, Dominican and Concordia Universities, Brookdale, Oak Park and River Forest Townships, Arbor West Neighbors, Jewish Child and Family Services and the Chicago Symphony Orchestra.

In January, STAR will meet on the 4th, 11th, 18th, and 25th:

JANUARY 4: A chance to schmooze and perhaps a movie or a special guest.

JANUARY 11: Sun-Hee Yoon will speak with us about her local small business, Sage Lifestyle Concierge.

JANUARY 18: Megan Traficano, director of Youth and Family Services at Oak Park Township, will discuss services and programs addressing issues faced by youth and their families.

JANUARY 25: A chance to schmooze and perhaps a movie or a special guest.

Watch the temple's weekly bulletins for updates on STAR programming.

If you'd like more information about STAR, contact the temple office. We at STAR feel like a small community learning and growing together. Please join us!

Todah Rabah

Commemorate special life events—a birthday or anniversary; birth of a child, grandchild, great grandchild; graduation; retirement; and so on—with a contribution to Temple Har Zion. Such a gift is a meaningful way to honor any simcha. Donations can be directed to any of these funds. Your generosity will help our congregation maintain its fine programs, and will also affirm the importance of Judaism and Jewish ideals in your family's life.



Honor your family simcha with a donation to the Har Zion Simcha Tree. Your gift of a leaf will create a lasting reminder of the occasion: wedding, birth, bar/bat mitzvah, a birthday, or a thank you for a job well done.

ADULT EDUCATION FUND:

Morris and Beverly Applebaum, in memory of Philip's wife, Elizabeth Fertik

ANNABEL, BERNARD AND OREN CARMİ

ABRAHAM FUND: Enabling children with financial need to receive a Jewish education

BUILDING FUND: Maintaining & improving the building

Marlene and Jennifer Mann, in honor of the anniversary of Hai and Carol Solomon Frank Vozak and Terrie Rymer, in memory of Elizabeth Fertik

CANTOR'S MUSIC FUND: Provides musical programming

CHILDREN'S SHABBAT FUND

Carol Flank, in celebration of Kfir Bibas' 1st birthday on January 3rd

FAY STOPECK SHABBAT MUSICAL FUND: Supports Friday night musical services

EMERGENCY RELIEF FUND

FLOWER FUND

GIVING TUESDAY

Janel Dennen, in appreciation of Sharing Shabbat with Grace Lutheran Church and School

Carol Flank, in appreciation of JuliAnn Geldner's leadership of Temple Har Zion

GROPPER WINDOW PROJECT FUND: Supports the restoration of the Gropper Windows

GROWTH & DEVELOPMENT FUND: To support the long-term stability and viability of the congregation

GURALNICK PLAYLOT FUND

Carol Flank, mazel tov to Marc & Heidi Kieselstein on the birth of their grandson, Zev Mani

JANICE PATTERSON KALLAH SCHOLARSHIP

FUND: Supports Kallah expenses and helps families attend

Frank Vozak and Terrie Rymer, in honor of the birth of Zev Mani Kieselstein

JEWISH JOURNEYS FUND:

Supports learning and spiritual development in the community, including programs, ritual items, and Jewish learning stipend

KIDDUSH & BREAKFAST FUND: Shabbat & festival Kiddushim, and weekday minyan breakfast

Morris and Beverly Applebaum, in honor of Vladimir Tsesis for his dedication to the morning Minyan

KOVEN RELIGIOUS SCHOOL FUND: Provides equipment, programs & scholarships for the Koven Religious School

LIBRARIES

LIEB FAMILY SUKKAH FUND: For the Lieb Family Sukkah

MALCOLM GETHNER USY SCHOLARSHIP FUND: Funds for our youth to attend regional events

MEMORIAL FUND

Gary and Barbara Belenke, in memory of Gary's father, Henry Belenke

Paul and Fran Ellstein, in memory of Fran's grandfather, Joe Silver

Giovanni Giannotti and Amy Guralnick, in memory of Marshall's father, Leonard Brown

Herbert Golinkin, in memory of Herb's father, Abraham Golinkin

Norma Kanter, in memory of Norma's mother, Mary Goose

Elaine Levin, in memory of Elaine's wife, Shirley Sams

David and Shirley Lieb, in celebration of JuliAnn Geldner and her contributions to HZ

Wayne and Judith Meyer, in memory of Judith's father, Irving Gold

Barbara Schmitt, in memory of her aunt, Helen Meyer

Barbara Schmitt, in memory of Barbara's father, Alfred Schmitt

Richard Small, in memory of his mother, June Small

Hedy Zussman, in memory of Hedy's mother, Bertha Zussman

Hedy Zussman, in memory of Hedy's sister, Georg Ann Zussman Amato

Hedy Zussman, in memory of Hedy's father, Sam Zussman

PAUL WOLFMAN LAY LEADERSHIP

DEVELOPMENT FUND: To support in the development of present and future leaders

PRAYER BOOK FUND:

Lance and Janet Bolonik, mazel tov to Heidi and Marc Kieselstein on the birth of Zev Mani

Vafa and Liz Shayani, in honor of the birth of Zev Mani Kieselstein

Vafa and Liz Shayani, in memory of Elizabeth Fertik

John Zuraw and Anne White, in memory of Elizabeth Fertik

PRESCHOOL FUND

Morris and Beverly Applebaum, mazel tov to Dan and Sarah Kieselstein on the birth of their son Zev Mani Kieselstein

Steven & Betsy Blumenthal, in celebration on the birth of Zev Mani Kieselstein

Ingrid Brown, in honor of Henry Guralnick's birthday

Paul and Judith Wolfman, in honor of the birth of Zev Mani Kieselstein

RABBI VICTOR A MIRELMAN EDUCATION FUND: Supports early education, religious school, & adult education

Carol Flank, in celebration of Rabbi Mirelman's birthday

Carol Koenig, in celebration of Rabbi Mirelman's special birthday

David and Shirley Lieb, in celebration of Special Birthday of Rabbi Victor Mirelman

RABBI'S DISCRETIONARY FUND: Supports a variety of charities and special activities at the rabbi's discretion

Herbert Golinkin, in memory of his grandson, Alexander Hoffman

Hai and Carol Solomon, in honor of Rabbi Adir Glick's birthday

SEFER HAFTARAH FUND

SENIOR ACTIVITY FUND

SOCIAL ACTION FUND

Sheila Essig and Rob Gardner in honor of the birth of Zev Mani Kieselstein

TEMPLE FUND

Carole & Larry Mitchener, in appreciation of your values, including being such generous neighbors to those living in Landers House (the building just south of you).

Doris Angell, in celebration of Len Grossman's 80th birthday

Gail Bartlett, in celebration of Len Grossman's 80th birthday!

Carol Flank, in honor of Juliann Gelder's dynamic leadership

Jack and Anita Friedman, in memory of Micki Kuttler, cousin of Stuart Weg and Judy Roth

Giovanni Giannotti and Amy Guralnick, in honor of the birth of Ari Jabiles Feld
Herbert Golinkin, in honor of the service of JuliAnn Geldner

Jessica and Jon Henry, in memory of Iris Wilks

Ruby and Wally Hilker, in honor of the birth of Zev Mani Kieselstein

Larry and Kristina Katzovitz, in honor of birth of Zev Mani Kieselstein

Carol Koenig, in honor of the Kieselstein's new grandson, Zev Mani Kieselstein

Carol Koenig, in honor of Juli Geldner for her remarkable commitment as president for four years

Melvin Loeb, in honor of Leonard Grossman's 80th Birthday

Marlene and Jennifer Mann, in honor of Monica Garcia Norlander and a job well done!

Alan Peres and Rya Ben-Shir, mazel tov to Heidi and Marc Kieselstein on the birth of their grandson Zev Mani, son of Dan and Sarah Kieselstein

Ron and Vikki Resnick

Edward and Linda Schmitt, in honor of Larry and Henry Stark for Henry's presentation

Edward and Linda Schmitt, in honor of the birth of Heidi and Marc Kieselstein's grandchild, Zev Mani Kieselstein

Edward and Linda Schmitt, in memory of Ed's aunt, Helen Meyer

Edward and Linda Schmitt, in memory of Ed's father, Alfred Schmitt

Edward and Linda Schmitt, in memory of Ed's grandfather, Solomon Schmitt

Michael and Renee Slade, in honor of the birth of Zev Mani Kieselstein

TZEDAKAH PROJECTS

USY Scholarship Fund

YONG FAMILY CAMP FUND: Provides partial scholarships for members' children to attend Jewish camps

Pulpit Flowers

January 5

Henry and Sally Guralnick, in memory of his father, Nison Guralnick

Ted and Myra Lawrence, in memory of her grandmother, Minnie Straus

Mackoff

Simone Weiss, in memory of her mother,

Libby C. Goodwin

Hedy Zussman, in memory of her father,

Sam Zussman

January 12

Rivkah Fallert, in memory of her mother,

Ziporah Chomsky

Ronald and Renee Kaine, in memory of

his father, Eugene David Kaine

Bradley Shorser and Ellen Einhorn, in

memory of her father, Morton Einhorn

Frank Vozak and Terrie Rymer, in

memory of her father, David Rymer

Joy and Jim Zucker, in memory of his father, Kenneth Zucker

Joy and Jim Zucker, in memory of his grandfather, Milton Traxler

January 19

Shirley and Claudia Lynn Braun, in

memory of her sister, Olive Singer

Shirley and Claudia Lynn Braun, in

memory of her husband, Jerry Braun

Carol Flank, in memory of her father,

Bob Nelson

Ted and Myra Lawrence, in memory of

his mother, Pauline Lawrence

Jeffrey and Becky Levine, in memory of his grandfather, Hans Wachtel

January 26

Betsy Shiner, in memory of her husband, Ed Shiner

Not Previously Listed

November 17-18:

David and Bonnie Klass, in memory of Bonnie's father, Benjamin Cantor

Alan and Shirley Levin, in memory of Alan's father, Sam K. Levin

December 15-16:

Alan and Shirley Levin, in memory of Alan's aunt, Mary Sylvia Goldman

Joan and Mitchell Weiss, in memory of her mother, Mary Crowley



January 5, 2024

Barbara Adler
 Nora Ballon
 Florence M. Benzuly
 Maurice Berger
 Nathan Blumenfeld
 Samuel Corush
 Isdore Cutler
 Ruth Epstein
 Phillip Figa
 Irving Friedman
 Bertha Gnippe
 Minnie Goldberg
 Flora Goldstein
 Libby C. Goodwin
 Fannie Gross
 Nison Guralnick
 Heifetz Harry Leon
 Jacob L. Holland
 Catherine Joss
 Yale Kahalnik
 Ralph Kaplan
 Arthur D. Lewis
 Regina Lucas
 Minnie Straus Mackoff
 Joseph Meisel
 Lori Anenberg Metra
 Sophie Moss
 Abraham 'Al' Olefsky
 Louis I. Passman
 George Platt
 Dick Plotnick
 David Pollack
 Lucille Shapiro
 Louis Sidlow
 Louis Silverman
 Philip Stein
 Jack Temple

Ida Tenner
 Abe Weg
 Sam Zussman

January 12, 2024

Hy Bomberg
 Reuben Roy Borovik
 Mae Brodsky Offner Moss
 David J. Brown
 Pauline Brukhartz
 Abe Chill
 Ziporah Chomsky
 Leo Cohen
 Morton Einhorn
 Vlasta Eliaskova
 Gussie Fishbain
 Jane Israel
 Max Jacobs
 Mordecai Joseph
 Eugene David Kaine
 Joseph Kaplan
 Blanche R. Kaplan
 Irwin Labbie
 Abraham Lewinson
 Michael Mann
 Philip Marks
 Natividad Migrant
 Michael J. Modes
 Harry Bernard Mottlowitz
 Charles Pozin
 David Rymer
 Rose Schecter
 Ivan Schloff
 Beatrice Seidel
 Pauline Sheinis
 Jacob Silverman
 Ethel Simon
 Philip Smith
 Milton Traxler
 Kenneth Zucker

January 19, 2024

Goldie Baren
 Yonaton Ben Haroush
 Devorah Besser
 Jennie Bramson
 Jerry Braun
 David Chapman

Katheryn Charnes
 Freda Chernick
 Jacob Gilbert
 Charles Glasser
 Herman Goldberg
 Joseph Goldstein
 Eva Golinkin
 Julius N. Harris
 Ruben Harris
 Maxine Horwich
 Arthur Janus
 Julius Lee Kabaker
 Manuel Kanter
 Pauline Lawrence
 Kate Lerman
 Oscar Lerner
 Beverly Martin
 Hattie Meyer
 David Nadel
 Bob Nelson
 Menachem Peled
 Evelyn Piolet
 Neil Rader
 Melvin Reiss
 Myra Palmer Rosenberg
 Solomon I. Rosenfeld
 Eva Shafton
 Louis Sharton
 Ruth Siegel
 Olive Singer
 Mandell M. Skibell
 Mitchell Yale Smith
 Rebecca Weiner Solowitz
 Faye Spink
 Sam Stone
 Lenore Tenner
 Alfred Travis
 Naomi F. Tuchin
 Hans Wachtel

January 26, 2024

Rose B. Atlas
 Sadie Block
 Isaac Bockel
 Lottie Brenner
 Sol Brukhartz
 Allan Cutler

Joseph Danziger
 Jacob Ecker
 Harry Feldman
 Rose Friedman
 Lillian Fulscher
 Morris B. Goldman, Jr.
 Ben Goldsher
 Anna E. Gonsior
 Bertha B. Gray
 Ruven Greenberg
 Zita Ann Holden
 Bertha Jacobson
 Ida Kramer
 Barton Hanlon Laney
 Rose Mann
 Mildred Marshak
 Eugene Mild
 Harold H. Modes
 Rose Mottlowitz
 Jean Nuger
 Louis Poncher
 Gertrude Raik
 Joseph Raik
 Albert Rosenberg
 Francis Rosin
 Adeline Secore
 Golda Seif
 Lionel Shapera
 Ed Shiner
 Shirley Soffer
 Rosaline Traxler
 Robert Winet
 Marion Shirley Wolfman
 Joseph Zaphrani

January 2024 Tevet/Shevat 5784

EVENTS IN THE NEW WEBSITE

Many of the important Har Zion events are already in our new website: Go to harzion.org; select **Activity Calendar**, the first item in the black menu bar at the very top of your screen.

Not all of the events are in the Activity Calendar yet; to see the entire calendar of events, select **Member Portal**, which is 2 items over from **Activity Calendar** on that same menu. Then point

to **Events** at the bottom right of the banner image (at the top), then click **Events** from the submenu that opens. (Don't click on the Events in the banner itself; you will get an error message.) Or, you can scroll to the bottom of the Membership Portal page and click on **Calendar** (just above the bottom banner).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 31	1	2	3	4	5	6
9:30am Shohet Minyan (Zoom only) No KRS	New Years Day 8am Shohet Morning Minyan (Zoom only today!) Preschool and Temple Office & Building Closed	8am Shohet Morning Minyan (Zoom only) Preschool resumes; Temple office resumes its usual schedule	8am Shohet Morning Minyan (in person and Zoom) No KRS	8am Shohet Morning Minyan (in person and Zoom) 1pm STAR	8am Shohet Morning Minyan (Zoom only) 6:30pm Kabbalat Shabbat; in person and Zoom 4:16pm	Shabbat Mevarchim Shemot 10am Service; Reader: Aaron Burnstein (in person /streaming) After Kiddush Learn new melodies with Cantor Figa 5:17pm Havdalah
7	8	9	10	11	12	13
9am Guided Jewish Meditation with Rabbi Glick 9:30am Shohet Minyan (Zoom only) No KRS	8am Shohet Morning Minyan (in person and Zoom) 8pm Monday Evening Learning with David Schwartz; Zoom only	8am Shohet Morning Minyan (Zoom only)	Rosh Chodesh Shevat 8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS KRS Resumes	8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR	8am Shohet Morning Minyan (Zoom only) 6:30pm Kabbalat Shabbat; in person and Zoom 4:23pm	Vaera 10am Service; Reader: Leonard Grossman (in person /streaming) After Kiddush Learn new melodies with Cantor Figa 5:25pm Havdalah
14	15	16	17	18	19	20
9am Guided Jewish Meditation with Rabbi Glick 9:30am Shohet Minyan (Zoom only) No KRS	Martin Luther King Jr. Day 8am Shohet Morning Minyan (Zoom only today!) Preschool and Temple Office Closed for MLK Day	8am Shohet Morning Minyan (Zoom only)	8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS	8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR	8am Shohet Morning Minyan (Zoom only) 8:30-9am Challah and Conversation for Preschool Parents 6:30pm Kabbalat and KRS Grades 4-5 Shabbat; in person and Zoom 4:31pm	Bo 10am New Style Shabbat Service Reader: Phil Fertik (in person / streaming) 5:30-8:00pm Family Fun Hollywood Havdalah for Kids 1-7 and their families 5:33pm Havdalah
21	22	23	24	25	26	27
9:30am Shohet Minyan (Zoom only) 9:30am KRS 9:30-10am Family School 10am Annual Har Zion Congregational Meeting (in person and Zoom)	8am Shohet Morning Minyan (in person and Zoom) 8pm Monday Evening Learning with David Schwartz; Zoom only	8am Shohet Morning Minyan (Zoom only)	8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS	Tu b'Shevat 8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 10:30am Preschool Family Tu b'Shevat Seder; parents and other special people are invited 1pm STAR	8am Shohet Morning Minyan (Zoom only) 6:30pm Kabbalat Shabbat; in person and Zoom 4:40pm	Shabbat Shirah Beshalach 10am Musical Shabbat Service Reader: Rabbi Yosef Levanon (in person /streaming) 11am-12:30pm Jr. Cong. 11:45am-12:30pm Tot Shabbat 5:41pm Havdalah
28	27	30	31	February 1	February 2	February 3
9am Guided Jewish Meditation with Rabbi Glick 9:30am Shohet Minyan (Zoom only) 9:30am No KRS classes. Summer Camp Fair for the students and parent/teacher conferences for the parents	8am Shohet Morning Minyan (in person and Zoom) 8pm Monday Evening Learning with David Schwartz; Zoom only	8am Shohet Morning Minyan (Zoom only)	8am Shohet Morning Minyan (in person and Zoom) 4:30pm KRS ??pm Parent Discussion about Setting Boundaries. For Har Zion preschool parents; other parents of preschoolers are invited.	8am Shohet Morning Minyan (in person and Zoom) 10am Thursday Learning w/ Rabbi Glick (in person and Zoom) 1pm STAR 8pm The history of antisemitism with Dr. Jeff Ellison, Pt. 1	8am Shohet Morning Minyan (Zoom only) 6:30pm Refugee Kabbalat Shabbat; in person and Zoom 7:30pm Refugee Shabbat Dinner 4:49pm	Shabbat Mevarchim Yitro 10am Service Haftarah Reader: TBD (in person /streaming) 5:50pm Havdalah

TEMPLE



HAR ZION

1040 North Harlem Avenue
River Forest, IL 60305-1523
www.wsthz.org



Come alone or
bring family -
all are welcome!

Har Zion Kallah 2024

March 29-31

(Watch for updates as the dates may change)